Community Resource Connection Center

Program Description: The Community Resource Connection Center is a one-stop-shop where clients can receive administrative and financial assistance applying for birth certificates, identification cards, and social security cards. We also assist with the complex rules, regulations and laws of the foreclosure process including HAMP loan modification, short-sale alternatives, deed-in-lieu choices and mediation. The department is funded by private grants and contracts with the Washington State Housing Finance Commission making the program available at no cost to the client.

Eligibility Criteria: A homeowner whose mortgage is currently in the foreclosure process or facing or imminent default.

Office hours: 8:30 am – 5 pm
Contact information: 253-383-3056 ext 153 or 155

(AM Programs continued on inside back cover)

AM Programs (cont’d from inside front cover)

Family Emergency Fund

Program Description: The Family Emergency Fund at Associated Ministries is used for small grants ($100 or less) given out to assist individuals with unique needs that other agencies and outreach programs are not designed to meet such as screening fees, help with car tabs and ID’s/licenses; special items needed for jobs or education, such as a lab coat or work boots; medical equipment (small); food handlers cards, birth certificates, and copies of transcripts, etc. This fund does NOT cover the following: rental/deposit/mortgage assistance and utility assistance; hotel vouchers; storage and other regular monthly bills; transportation assistance (such as bus tickets or gas vouchers); court and traffic fines or fees; and funeral expenses. An individual can only be assisted up to two times per calendar year.

Eligibility Criteria: Anyone can apply for assistance. An individual can only be assisted up to two times per calendar year.

Office Hours: M, T, TH & F 1 pm – 3 pm
Contact information: 253-383-3056 ext 109

Homeless Mail Services

Program Description: Associated Ministries provides a mailing address and services for homeless individuals and families to help them stabilize their lives.

Eligibility Criteria: Services must be set up at your local DSHS office.

Office Hours: M, T, TH & F 1 pm – 3 pm
The Homeless Mail Office: Closed on Wednesdays and on the 1st business day of the month.
Contact information: 235-383-3056 ext 144

Representative and Protective Payee Services

Program Description: Associated Ministries offers financial management services for DSHS, SPIPA and Social Security recipients having difficulty managing their own finances.

Eligibility Criteria: DSHS recipients are referred directly from DSHS, SPIPA recipients are referred directly from SPIPA, and Social Security recipients set up services with us directly.

Office Hours: M, T, TH, & F 1 pm – 3 pm
Closed on Wednesdays and the 1st business day of the month.
Contact information: 253-383-3056 ext 109

Disaster Response Care Teams

Program Description: Disaster Response Care Teams provide emotional, practical and spiritual support to survivors of local disasters who have been temporarily displaced from their homes. Care Team members meet with individuals and families in shelter settings to provide a calming presence and advocate for their needs.

Eligibility criteria: Anyone is eligible for this service if they find themselves displaced from their home and residing in an emergency shelter during a natural disaster.

Office hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516;
amya@associatedministries.org

Volunteer Income Tax Assistance

Program Description: Volunteer Income Tax Assistance (VITA) provides free income tax preparation to low and moderate income households at various locations throughout Pierce County. Services take place from February 1st through April 15th. Volunteer tax preparers are sometimes available for off-season tax help by appointment.

Eligibility criteria: Income limits are set by the IRS each year. In 2016, the household income limit was $54,000. Some tax sites take walk-in clients; others schedule taxpayers by appointment. Note: some complicated tax situations may be beyond the skills of volunteer tax preparers.

Office hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516;
amya@associatedministries.org

Paint Tacoma-Pierce Beautiful

Program Description: Paint Tacoma-Pierce Beautiful provides free exterior house painting to low-income homeowners during the summer months. Homeowners pay nothing because Paint Beautiful supplies the paint and volunteers provide the labor. Homeowners are encouraged to involve their family and friends as volunteers in the paint project.

Eligibility criteria: Houses should be owner-occupied (not rentals) and not in foreclosure. Homeowners should live in the City of Tacoma. Household income should be less than 80% of area median income, based on family size.

Office hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516;
amya@associatedministries.org

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An Information and Referral Service ...........................................TTY 882-1828
Addiction Referral Network .......................................................1-800-577-4393
Alcohol and Drug Helpline .......................................................1-800-562-1240
Child Abuse Prevention Resources ..........................................1-800-422-4453
Child Protective Services (CPS) ................................................1-800-762-4902
Consumer Counseling NW .......................................................253-588-1858 / 1-800-244-1183
Domestic Violence Helpline .......................................................1-800-562-6025
Mental Health Crisis Line .........................................................1-800-576-7764 / 253-798-4333
Narcotics Anonymous ...............................................................253-531-8792
NW Justice Program .................................................................1-888-201-1014
Pierce County Sheriff Non-Emergency Line ...............................1-800-798-4721 ext 3
Senior Information and Assistance ..........................................253-798-4600 / 1-800-562-0332
Sexual Assault Crisis Line .........................................................1-800-756-7273

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Unity and partnership are at the heart of what it means to be Associated Ministries. This Community Resource Guide is meant to be shared with congregations and our community partners to benefit our neighbors who are each walking their path to a better life. We could not have produced this booklet without the dedication of volunteers who designed the layout of the publication, researched and validated the many resources in the guide, and helped with proof-reading. Thank you!

Being listed in this guide does not constitute an endorsement or recommendation of the service or program by Associated Ministries, its staff or governing Board. To make changes, corrections or additions to information listed in this guide, please email: info@associatedministries.org or call 253-383-3056.
Emergency Shelters

Catholic Community Services
South 16th Street, Tacoma, WA 98405
Hours: Day Center 7 am-6:30 pm, Overnight Shelter 4:30 pm-7 am, 7 days a week
Day Center provides breakfast, lunch and other services except bus tickets. Overnight guests are asked to arrive at or after 4:30 pm, sign in and wait until name called for beds. Guests are admitted from 5:30 pm to 8 pm. There is no guarantee that beds will be available. For housing at Nativity House Apartments, clients must be accepted by Access Point for Housing (APAH). Call 253-502-2770 for more info.

TacoMA Rescue Mission—Family Shelter

www.tmp.org
425 S Tacoma Way, Tacoma, WA 98402
Hours: 8:00 am-6:30 pm
Downtown Campus provides complete services to help stabilize and transition people to recovery and self-sufficiency. The Good Neighbor Cafe is the “front door” to many of the Rescue Mission’s facilities and programs, offering healthy, well-balanced meals to hundreds of homeless men and women every day. Short-term shelter is offered for men at the Downtown Campus. Homelessness is frequently linked to other problems such as drug or alcohol addiction. Rehabilitation services are housed at this location as well.

Adams St Family Campus
2909 S Adams St. Tacoma, WA 98409
Family and Single Women

Tyler St. Family Campus
3202 S Tyler St, Tacoma, WA 98409
Transitional housing for families

Jefferson Apartments
2336 S Jefferson Ave, Tacoma, WA 98402
Drug/alcohol free housing for disabled or adults with special needs

Domestic Violence Shelters

Family Renewal Shelter

Toll Free 1-888-550-3915
www.domesticviolencehelp.org
Domestic violence—single women and women with children & pets on a case-by-case basis. Stay up to six weeks, serves high-risk population, 24-hour hotline. Must call to schedule an appointment.

Korean Women’s Association

253-359-0470
www.kwacares.org
Family Home Shelter
IWA serves women with children who are in domestic violence situations. Length of stay depends on the situation.

YWCA

253-272-4181
ywcapiercecounty.org
The YWCA Pierce County offers comprehensive domestic violence programs to our community in an effort to provide safety, healing, and empowerment.

YWCA Emergency Shelter

253-383-2593
ywcapiercecounty.org/crisis
Emergency shelter is for individuals (men and women) and families escaping domestic violence. Stay up to three months, confidential program. All services require an intake process except for the Community Advocate who will see walk-ins.

YWCA Family Permanency Project

253-272-4181 ext 229
The Permanency Project is the housing program of the YWCA. It provides shelter for families who are homeless due to domestic violence a place to call home. It assists survivors of domestic violence with children or women who are pregnant and qualify for Section 8 having received crisis intervention prior to applying for program. Preference is given to YWCA shelter residents first, then referrals from other DV shelters.

Crystal Judson Family Justice Center

www.apla.org
718 Court E, Tacoma, WA 98402
Hours: 8:30 am-4:30 pm
Walk-In Hours: 8:30 am-3:30 pm
The Justice Center serves the needs of domestic violence victims and their children by providing comprehensive victim services in one central and safe location in downtown Tacoma. Services provided include but are not limited to civil legal support, protection orders, counseling and support groups, safety planning, Division of Child Support assistance, DSHS assistance, spiritual support, housing transportation, victim support in criminal cases and other emergency assistance. Interpretation services are available to non-English speaking clients.

Housing Authorities

Pierce County Housing Authority
253-620-5400
pchawa.org
603 South Polk Street, Tacoma, WA 98444
1525 108th Street S, Tacoma, WA 98444 (mailing)
The application process for PCHA is closed at this time. Openings

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Puylup Valley Food Bank.................253-848-5240
110 23rd Street South East, Puyallup, WA 98372
Hours: M, T, W, F 12:00 pm – 4:00 pm; Th 5:30 pm – 7:30 pm Last of months
By appointment only, provide proof of address for each adult

Roy FISH Food Bank......................253-843-3033
8002 South 288th St, Roy, WA 98580
Hours: W 9:30 am – 1:00 pm; Th & Sat 2:00 pm – 3:00 pm
Call for appointment, twice a week

Salvation Army Food Bank – Puylup...253-841-1491
4009 9th St, SW, Puyallup, WA 98373
Hours: M, T, & Th 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide address for everyone in house, ID needed

Food Banks in Other Areas

Auburn Food Bank..........................253-833-8925
Bremerton Food Line.......................360-479-6188
Enumclaw Food Bank.....................360-825-6188
Federal Way Food Bank..................253-838-6810
Yelm UCBR.................................360-458-4003
Info for King County..........................206-461-3200

WIC - Nutrition Program for Women, Infants & Children

Family Health Hotline....................1-800-322-2588
www.parenthelp123.org

Meals Delivered

Meals on Wheels: 253-474-1300 or 253-272-8433

Housing Authorities (cont’d)

will be announced on the PCHA website, in the local media, at public libraries and at various community agencies. Applications are now completed online only.

Tacoama Housing Authority.............253-207-4400
www.tacamahousing.org
902 5 1st Street, Tacoma, WA 98405
THA administers three programs for low-income families: Housing Choice Voucher Program (Formerly Section 8), Housing Opportunities Program (HOP), and Public Housing Program. Waiting list is long but a good source of low-income housing when available.

Housing Services

(Note: Some of these agencies offer both emergency and transitional housing)

Access Point for Housing (AP4H).....253-682-3401
Associated Ministries......................253-383-3056
www.associatedministries.org
901 S 13th Street, Tacoma, WA 98405
Hours: 9 am-5 pm (Closed 12 pm-1 pm)
Access Point for Housing at Associated Ministries is Pierce County’s entry point to which people are referred for homelessness prevention services, assessment, light case management, and referral to housing and other services that are most tailored to the client’s needs. Housing specialists accept calls M-F 8 am-5 pm. Please call AP4H for centralized intake and assessment before approaching housing agencies. After hours and weekends, visit the Tacoma Rescue Mission or Catholic Community Services Nativity House Shelter for immediate assistance.

Salvation Army of Tacoma...............253-572-8452
www.tacoma.salvationarmyw.org
1521 6th Ave, Tacoma 98405
Hours: M-F 9 am-3 pm (closed 12 pm-1 pm)

Salvation Army provides emergency shelter and transitional housing for singles and families with children on a temporary basis for varying amounts of time and when space available; domestic violence support; resource references; assistance with rent, utilities, gas, electric and oil; monitors court-ordered volunteer service; case management for families and single women; employment assistance; 6-month ARC (drug and alcohol) treatment; and food and clothing banks.

Helping Hand House......................253-682-3401
www.helpinghandhouse.org
4321 2nd St SW, Puyallup, WA 98371
Hours: M - F 8 am - 9 pm

Helping Hand House is emergency housing stabilizing families with children under the age of 18 who are homeless or at imminent risk of homelessness, and help them obtain permanent housing as quickly as possible. To be eligible for this program, families must reside in Pierce County, have one child age 17 or under living with them and be homeless or nearly homeless. Services are tailored to the specific needs, barriers, culture and location of the families.

Lakewood Access Support Alliance ........253-682-3401
www.lasawa.org
8956 Gravelly Lake Dr, SW, Lakewood 98499
Hours: M-F 9 am -5 pm

MUST CALL AP4H (253-682-3401) for assessment appointment first for housing and homeless services. Short term shelter housing provides families with safe apartments with stays of up to 30 days. Phone and utility services are included as well as case management that is focused on the immediate needs of the family. Transitional Housing provides families their own apartment or townhouse for 12 to 24 months. Families pay 30% of their eligible income which will cover the apartment and utilities and case management to help families focus on long-term goals and move from homelessness to self-sufficiency. LASA also has permanent supportive housing for families with disabilities. Outreach Program: (Utility Assistance) ....253-582-5320

Family Housing Network..................253-471-5340
www.associatedministries.org
5050 S Tacoma Way, Tacoma, WA 98409
Hours: M-F 8 am - 5 pm

MUST CALL AP4H (253-682-3401) for assessment appointment first for housing and homeless services. Serves low-income homeless families with children in Pierce County as well as military households in Pierce, King, Kitsap, Thurston and Snohomish counties. Formerly Phoenix Housing Network, FHN has 48 transitional apartments throughout Pierce County. Homeless families are able to live in their apartment for one to two years and receive case management while they work on their goals toward self-sufficiency, permanent housing and stability.

Shared Housing Services..................253-272-1532
www.sharedhousingoptions.org
Hours: M-F 9 am - 5 pm

MUST CALL AP4H (253-682-3401) for assessment appointment first for housing and homeless services. The Adult Shared Housing program matches a home owner (the provider) who is looking to share a room/spaces in their home with a person who is looking for low-income, affordable housing (the seeker) in exchange for rent and/or assistance.

Metropolitan Development Council ........253-383-3921
www.mdc-hope.org
945 Fawcett Ave, Rm 204, Tacoma, WA 98402
Funding received by the Department of Housing and Urban Development (HUD) may be used to provide short-term transitional housing for individuals who are experiencing or have experienced domestic violence and have at least one minor child in their immediate household. This includes individuals who are not currently homeless, but who are fleeing or attempting to flee from domestic violence and lack the resources with which to obtain permanent housing. The individuals are also deemed eligible under the following requirements:

1. A single parent family who is 18 or older with at least one minor child age 17 or under in their custody (pregnancy ok).
2. Family must be currently fleeing, attempting to flee from domestic violence and lack the resources with which to obtain permanent housing. Participants must be employed or employable in a short period of time.

Hope Guest House

5954 North 26th Street, Tacoma, WA 98407
Housing. All adult applicants who wish to apply must meet the eligibility requirements. Exodus Housing subscribes to a policy thateligibility requirements will not be logged into our system. Exodus Housing does not discriminate against on the basis of age, race, religion/creed, national origin, ancestry, sex, physical or mental disability, marital status or sexual orientation/gender identity. If you need application materials or interview services, please contact Exodus Housing. All adult applicants who wish to apply must meet the following requirements:

- A single parent family who is 18 or older with at least one minor child age 17 or under in their custody (pregnancy ok).
- Family must be currently fleeing, attempting to flee from domestic violence and lack the resources with which to obtain permanent housing.
- Participants must be employed or employable in a short period of time.

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1. A single parent family who is 18 or older with at least one minor child age 17 or under in their custody (pregnancy ok).
2. Family must be currently fleeing, attempting to flee from domestic violence and lack the resources with which to obtain permanent housing. Participants must be employed or employable in a short period of time.
Food Banks (cont’d)

Hours: Th 1:00 pm – 5:00 pm
No restrictions listed

Food Banks Serving All of Pierce County

Allen AME Food Pantry JBLM (Pt Lewis)
2223 Martin Luther King Jr. Way, Tacoma, WA 98405
Hours: T & Th: 10:00 am – 1:00 pm
Homeless 1x Week; needs picture ID, Blue Allan Food Bank ID card

B.A.S.H. (Bikers Against Statewide Hunger)
523-531-9600
(Bikers Against Statewide Hunger)
118 – 141st St Ct. S., Tacoma, WA 98444
Hours: W & Th: 10:00 am – 2:00 pm
ID and proof of residency, Emergencies case by case, BASH also has a Delivery Food Bank for people who can not come in to the food bank. You must register in person first and sign up.

Food Services (cont’d)

Housing services and certificates professional guardianship and clothing banks. Housing clients must be assessed by APAH (253-684-3401) first for referral.

Tacoma Rescue Mission Veterans Resource Center
253-383-4493 ext 1122
www.trm.org
425 S Tacoma Way, Tacoma, WA 98402
Hours: M W F after 2:30 pm
A licensed homeless outreach social worker is on-site at the Rescue Liflion from the Americal Lake location of the Veterans Affairs Puget Sound Healthcare System to determine the best solutions for helping homeless veterans.

Matthew House
360-794-8720
www.matthewhousemonroe.org
Mailing Address: PO Box 201, Monroe, WA 98272
Hours: TH 11 am -3 pm; F: M 11:30 am -5 pm
Matthew House provides love & hope to families with loved ones incarcerated in prisons in WA. The program exists to provide families with a clothes closet, food pantry, overnight shelter for women and children up to 3 days as they visit their loved ones, transportation to various prisons in the state, childcare and counseling.

Low-Income Home Ownership City of Lakewood Housing Programs
253-589-2489
www.cityoflakewood.us
6000 Main St. SW, Lakewood, WA 98498
Hours: M-F: 8:30 am -5 pm
The Housing Program provides emergency minor repairs, major home repairs and home rehabilitation for low-to-moderate income Lakewood single-family homeowners. A down payment assistance program for low-to-moderate income applicants to purchase a single-family home in Lakewood.

Tacoma/Pierce County Habitat for Humanity
253-627-5626
www.tpc-habitat.org
4824 S Tacoma Way, Tacoma, WA 98409
Hours: M-F: 9 am -5 pm; Sat by appt only
Tacoma/Pierce County Habitat for Humanity partners with families in need to build and own simple, decent and affordable homes in safe communities. Habitat’s mission is a direct reflection of the urgent need for decent and affordable housing in our community. Habitat is unique in that it provides a lasting and permanent solution to a household’s housing crisis.

Homeownership Center of Tacoma
253-627-6560
www.htchomes.org
1424 S J St, Tacoma, WA 98405
Hours: M-Th 9 am-5 pm; F 9 am-3 pm
HCT offers unique financing assistance to first-time low-to-moderate income home buyers who purchase homes built or remodeled by HCT in Hilltop or Eastside communities. Borrowers must contribute a part of their own funds toward the purchase and complete HCT’s Homebuyer Education classes.

Rebuilding Together SouthSound
253-238-9977
www.rebuildingtogetherss.org
112 S 54th Ave E, Tacoma, WA 98424
Hours: M-F 8 am-5 pm
Rebuilding Together provides free home repairs and modifications to low-income homeowners who are elderly, disabled, or families with children.

Services for the Homeless

Guadalupe House
253-572-6582
1417 South G Street, Tacoma, WA 98405
Shower: M-F: 11 am - 2 pm
Interviews are conducted for transitional housing services, however, no space available at this time. Call to check for vacancies. Homeless can receive mail at the Guadalupe House address listed above. Weekly prayer and dinner services every Tuesday; doors open at 5 pm.

MDC Medical Clinic
253-627-5445
(Formerly HealthCare for the Homeless)
www.mdc-hope.org/health/medicalclinic
2342 Tacoma Ave S, Tacoma, WA 98405
www.tpc-habitat.org
4824 S Tacoma Way, Tacoma, WA 98409
Hours: M:TH 7:45 am-4:30 pm
Medical Clinic: 253-284-9023
7:45 am -11:30 pm & 1 pm-4 pm
Mental Clinic: Thursday 1 pm
Dental Information: 253-691-7596
This is a walk-in clinic exclusive to patients who are experiencing homelessness. Best to arrive at 7:45 am to sign up for showers and to do laundry.

Open Hearth Ministries
253-307-2274
Hours: M-S: 8 am -8 pm
Open Hearth Ministries of Puyallup is a short-term motel sheltering program serving homeless families with children up to 18 years old in Puyallup and Eastern Pierce County.

Project Homeless Connect Tacoma
253-593-2111
www.soundoutreach.org/project-homeless-connect
1106 Martin Luther King Jr Way, Tacoma, WA 98405
Event held for four times a year that brings 50-75 nonprofit and government agencies together in one place to address the basic needs of those who are homeless in Pierce County. Basic medical and dental care, access to education, employment and benefit systems, chemical dependency assessments, flu shots, haircuts and tobacco cessation tools are some of the resources provided.
Coalition to End Homelessness doctors have made an effort to create a community of care providers and concerned individuals who seek to prevent and eradicate homelessness, create/preserve affordable housing, restore those who are homeless to stable environments, and promote awareness of issues concerning homelessness. Meetings are every 2nd Tuesday of the month at Community HealthCare, 1202 Martin Luther King Jr. Way in Tacoma.

St. Vincent DePaul Outreach - by Zip Code - Parish Boundaries

(Services Limited to the boundaries of each parish)

98329, 98332, 98333, 98335, 98349, 98351, 98394
98402, 98405
98422, 98424
98408, 98409, 98404
98371, 98372, 98373, part of 98374
All Saints Community Services. 253-848-2000
Call M-Th 10 am-12 pm; 1 pm-3 pm; partial assistance with rent, utilities. Food bank on MW.

98387, 98444, 98445, 98580
Our Lady Queen of Heaven. 253-537-5266
Call M-F 10 am-2 pm; partial help with rent, utilities. Food bank on MW.

98402, 98405
St. Leo’s. 253-272-5136
Call T-F 9 am-4:30 pm (closed 12 pm-1:30 pm); prescriptions, identification cards (limited to 5 clients on Tuesdays, call for an appointment), medical clinic (Catholic Community Services - M & Th's 8 pm); food assistance. Hospitality Kitchen - call (253) 502-2761.

Part of: 98402, 98406, 98407; and 98403
St. Patrick’s. 253-283-2783 ext 6
Call T-Th 10 am-12 pm
Depending on funds, St. Patrick’s assists with food (must make an appointment for food bank), gasolene vouchers, gift cards to St. Vincent DePaul stores, but tickets and utilities. There is no assistance for rent payments.

98404
Sacred Heart of Jesus. 253-472-7738 ext 104

Phone mannered T & F between 10-11 am
Leave message and phone number for return call. Help with food vouchers, but tickets and $100 towards utilities if you have a shut-off notice.

98405
St. Rita’s of Cascia. 253-627-4851
Call M, T, TH, & F 9 am-12 pm; 1:30 pm; closed W.
There is utility assistance, but no rent assistance. If no answer, leave a message for your call to be returned.

98406, 98407, 98465, 98466, 98467
St. Charles Borromeo Parish. 253-565-7655
Call T & TH 9:30 am-11 am
(please do NOT leave a message! Messages are NOT listened to! Calls are NOT returned) Continue calling during listed hours until someone answers the phone.) Provides help with food, utilities.

98406, 98407
Holy Cross Catholic Church. 253-759-3368
During recorded message PRESS 4 for St. Vincent DePaul Utilities, Food.

Drug & Alcohol Treatment and Recovery Services

American Addiction Centers. 1-800-577-4393
Inpatient Residential Treatment for up to 30/60/90 days to include an After-Care Plan.

Alcohol and Drug Helpline. 1-800-562-1240
Alanon and Alateen. 1-800-726-8094
www.al-non-pierce-wa.org
CALL FOR MORE INFORMATION ON LOCAL LOCATIONS AND TIMES.

Family support for those living with someone struggling with an addiction. Al-Anon offers hope and strength to people who suffer the effects of alcoholism in their family.

Christian Biker Tabernacle. 253-536-52584
(God’s Ranch, Matthew’s House, House of Adullam) www.christianbikertabernacle.org
2702 E 112th St, Tacoma, WA 98445
Very strict Christian-oriented program, for men and women who are homeless and recovering from drug and alcohol addiction, minimum 6 months commitment to address recovery issues while building a Christian spiritual relationship.

Jefferson Square. 253-272-6828
(Tacoma Rescue Mission affiliate) www.rescue-mission.org

Food Banks (cont’d)

98390, 98391
Bonney Lake. 253-838-4034
Next to Fire Station - T & Th 10:00 am - 1:00 pm
Requires a valid driver’s license.

98402
St. Andrews Emmanuel Food Bank. 253-863-3655
1401 Valley Ave E, Sumner, WA 98390
Hours: T & F 10:00 am - 12:00 pm; W 3:00 pm – 6:00 pm
Need to bring picture ID and proof of address; Serves Sumner School District and homeless

Summer Food Bank. 253-863-3793
15625 E. Main St., Sumner, WA 98390
By Appointment: M-T-W-F 12:30 am - 3:00 pm; Th 5:00 pm – 7:00 pm; Must live in Sumner or Lake Tapps, 98390 or 98391 - 10:30 am – 12:30 pm
First and Third Monday, Fourth Saturday

Pregnancy Aid. 253-383-4100
902 Market St., Tacoma, WA 98402
Hours: M-W-F 10:00 am – 1:30 pm
No restrictions listed

98404
TACS Special Diet. 253-272-8289
3108 Portland Ave, Tacoma, WA 98404
Hours: M-Th 10:00 am – 2:30 pm
No restrictions listed

Southeast Asian Diets. 253-472-7264
Holy Family of Jesus Cambodian Church
1427 E 40th St. Tacoma 98404
By Appointment only
Last Sunday of each month #’s are given out @ 12:30pm/7:00 pm; Must live in Sumner or Lake Tapps, 98390 or 98391 - 10:30 am – 12:30 pm
First and Third Monday, Fourth Saturday

Bread of Life Ministries Food Bank (Lakewood). 253-756-4974
(Mason United Methodist Church)
2710 N. Madison, Tacoma, WA 98407
Hours: W 12 pm - 4:00 pm; Sat 11:30 am - 3:00 pm
Once per seven days, ID required

New Jersey Food Bank. 253-572-6785
1101 South 3rd street, Tacoma, WA 98405
Hours: T 11:00 am – 1:00 pm; Sat 11:00 am – 2:00 pm
Call first, once a month, emergencies case by case, ID, proof of residence

Salvation Army Food Bank – Tacoma. 253-841-1491
www.salvationarmytacoma.org
1501 6th Ave, Tacoma, WA 98405
Hours: F 10:30 am – 3:00 pm
Must apply in person; if application is completed and turned in by 2:30 p.m. will be seen same day; Photo ID, Social Security card and proof of residency needed

Allen AME Food Pantry. 253-627-6855
1223 Martin Luther King Jr. Way, Tacoma, WA 98405
Hours: T & Th 10:00 am – 1:00 pm
Homemade 1x Week; needs picture ID, Blue Allen Food Bank ID card

98406, 98407
Northwest Tacoma FISH. 253-756-4974
(Mason United Methodist Church)
2710 N. Madison, Tacoma, WA 98407
Hours: W 12 pm - 4:00 pm; Sat 11:30 am - 3:00 pm
Once per seven days, ID required

Bounty Food Bank253-475-7098
5634 South Park, Tacoma, WA 98408
Hours: M 9:00 am – 11:00 am
Need current address with zip code

Network Tacoma. 253-474-9334
Location: 5435 S. M.T., Tacoma, WA 98408
Hours: T 10:00 am – 2:00 pm
No restrictions listed

98440
Brown’s Point Food Bank. 253-927-3188
5339 Browns Point Blvd, Tacoma, WA 98422
Hours: F 4:30 pm to 6:00 pm
ID requested

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Food Banks by Zip Code

98304, 98328, 98330
Eatonville Family Agency .......................... 360-832-6805
305 W Center St., Eatonville, WA 98328
Hours: M-W 9:00 am – 12:00 pm; 1:00 pm – 2:00 pm;
Eatonville school district residents; Proof of address, photo
ID & HH member proof required

Living Word Assembly of God (St. Joseph Storehouse) ....... 360-832-4220
570 Eatonville HWY West, Eatonville, WA 98328
Hours: T 10:00 am – 1:00 pm
No restrictions listed

98321, 98323, 98385, 98396
Buckley Kiwanis Food Bank ........... 253-266-7309
127 North River (Buckley Hall), Buckley, WA 98321
Hours: W: 9:00 am – 2:00 pm & F 9:00 am – 12:00 pm
White River School District only; If new, bring ID, proof of
residence in WRSD & ID for other household members

98329, 98332, 98333 98335, 98339, 98349,
98351, 98357, 98359, 98394, 98349
Peninsula FISH ............... 253-858-6179
4425 Burnham Drive, Gig Harbor, WA 98332
Hours: M & F 9:30 am – 3:30 pm; W & Th 9:30 am – 6:00 pm
One time per month for over 55 & disabled, current proof of
address and ID needed

98349, 98351, 98429
Key Peninsula Community Services Food Bank
........................................... 253-884-4440
17015 9th St. CT Naz, Lakebay, WA 98349
Hours: M-W-Th 10:00 am – 3:00 pm; T 10:00 am – 5:00 pm
No restrictions listed

98338
Harvest House .......................... 360-893-6842
13134 244th St. E, Graham, WA 98338
Hours: Sat 9:30 am – 12:00 pm
Two visits per access for disabled, emergencies case by case,
proof of residence for first visit

98354
Fife/Milton/Edgewater .......................... 253-922-0960
(St. Mark’s Catholic Church)
M, W & F - Call for appointment between 9 a.m. and 12 noon
Call prior to pick up; Appointments between 12:30 and 2 p.m.
If new, picture ID and proof of local residency needed

98360
Orting Food Bank ............. 360-893-0095
224 Washington Ave SE, Orting, WA 98360
Hours: M 3:00-6:00 pm; W 12:00 pm – 3:00 pm; F 9:00 am – 12:00 pm
(By appointment only. Call for openings.)
Must be low income and live in the 98360 zip code or anyone in
the Orting School District. Provides home delivery to temporarily
or permanently homebound seniors and disabled adults.

98371, 98372, 98373, 98375
All Saints Community Services ....... 360-893-0095
204th Ave SW, Puyallup, WA 98371
Hours: M-T-W-Th-F 10:00 am – 1:00 pm, 1:00 pm – 3:00 pm
Food distributed by appointment only. Call for openings.
Must be low income and live in the 98360 zip code or anyone in
the Orting School District. Provides home delivery to temporarily or
permanently homebound seniors and disabled adults.

98372
Puyallup Valley Food Bank .......................... 253-848-5240
110 2nd Street South East, Puyallup, WA 98372
Hours: M-T-W-F & 12:00 pm – 4:00 pm
Th 5:30 pm – 7:30 pm (Last of month)
By appointment only, provide proof of address for each adult

98372, 98416
Edgewood Community FISH ........................................ 253-826-4654
(Located Mountain View Lutheran Church)
3607 122nd Ave E, Ste B, Edgewood, WA 98372
Hours: Th 3:30pm-6:30pm Saturday 11am-2pm
Bus line not available. ID or proof of Pierce County residence
needed; Walk-ins OK; Can visit a FISH food bank once per week

98354, 98360, 98371, 98372, 98373, 98374,
98375, 98391, 98405
Salvation Army Food Bank – Puyallup ........................................ 253-841-1491
www.salvationarmypuyallup.org
4009 9th St. SW, Puyallup, WA 98373
Hours: M-T-W-Th-F 9:00 am – 11:00 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide
address for everyone in house, ID needed

98374
Graham/South Hill FISH ........................................ 253-846-3805
(Holy Disciples Catholic Church)
10425 187th St E, Puyallup, WA 98374
Hours: M & F 10:00 am – 1:00 pm; W 2:00 pm – 6:00 pm
ID or proof of Pierce County residence necessary; Walk-ins
OK; Can visit a FISH food bank once per week

98387, 98445
Spanaway FISH Food Bank ........................................ 253-383-1817
www.spanawaylutheran.org
16001 A St, Spanaway, WA 98387
Hours: M-W-F 1:00-2:00 pm
By appointment only. Once a month

98388
WLAS Food Pantry (Stellacoom) ........................................ 253-581-1076
1603 Rainier Street, Steilacoom, WA 98388
Hours: W 9:30 am – 12:00 pm; Sat 10:00 am – 11:30 am

Drug & Alcohol Treatment & Recovery Services (cont’d)

2336 Jefferson Ave, Tacoma, WA 98402
Hours: M-F 9:00 am-5:00 pm
Single men and single women
Must have case manager from outside agency (not DSHS).
Must complete forms and application to be approved.

Lakeside-Mill Valley Recovery Centers ........... 253-272-2242
www.lakesidemillvl.com
Tacoma Outpatient Clinic: ........................................ 3131 5 23rd St, Ste 102, Tacoma, WA 98405
Puyallup Outpatient Clinic: ........................................ 405 W Stewart Ave, Puyallup, WA 98371
Hours: M-F 7:30 am -5:30 pm
Drug and alcohol assessments and counseling along with
treatment options for youth and adults

MDC ............................................. 253-383-3921
www.mdctacoma.org
721 Fawcett Ave, Ste 201, Tacoma, WA 98402
Detox Center ............................................. 253-593-2413
Room 103, 721 S Fawcett, Tacoma, WA 98402
Hours: 24 hours/7 days per week
Medically supervised chemical dependency detoxification
services for adults and youth over the age of 13. Crisis
stabilization is provided for youth that are impacted by
substance abuse.

Sobering Center ............................................. 253-284-9066
Room 103, 721 South Fawcett, Tacoma, WA 98402
Hours: 3:00 pm - 7:00 am
Sobering is available to Pierce County residents who are
under the influence of alcohol, marijuana, or cocaine (no
opiates, methamphetamine or benzodiazepines). Clients
are offered nourishment and resource information for further
treatment and housing.

New Life Program (Tacoma Rescue Mission) ............................................. 253-383-4493
www.rescue-mission.org
425 South Tacoma Way, Tacoma, WA 98405
Hours: M- F 10:00 am - 6:00 pm
Several programs for housing individuals in drug/alcohol
recovery. MUST HAVE AT LEAST 30 DAYS CLEAN AND SOBER.
Single adults/families can stay 15-18 months. MUST HAVE NO
SEX OFFENSE OR ARSON CHARGE.

Sea Mar Community Health Center —
Tacoma Treatment Center ............................................. 253-280-9860
www.seamarch.org
1415 Center Street, Tacoma, WA 98409
Hours: 24 hours/7 days per week
Sea Mar’s Tacoma Treatment Center is a 36 bed, state-licensed,
JCAHO-accredited facility that offers a 30-day residential
program for stabilization and recovery skills for adults who
have substance abuse/chemical dependency and alcoholism.
We have been providing chemical dependency services in
Washington state at this location since 1994.

Point Defiance AIDS Project ............................................. 253-381-5229
( Needle Exchange Van)
www.nasen.org
Corner of S. 14th and G St., Tacoma, WA 98402
Hours: M-F: 11:00 am - 4:00 pm
Community program that provides injecting drug users the
opportunity to exchange syringes one for one and guarantees
safe disposal. Helps reduce the spread of blood-borne
diseases like HIV and hepatitis. Needles (syringes) are delivered
Medical Care

Washington Poison Center

Tacoma Poison Center

Contact Tacoma-Pierce County Health Department

for information about immunizations and other health issues.

www.tpchd.org

Administrative Offices

1019 Pacific Ave Ste #300, Tacoma, WA 98402

Community Health Care Clinics:

MEDICAL COUPONS ACCEPTED AT CLINICS:

CALL SPECIFIC CLINICS TO MAKE APPOINTMENTS

Hiltop Family Medical Clinic ........................................ 253-597-3813

1202 Martin Luther King Jr. Way, Tacoma, WA 98405

Eastside Community Clinic ........................................... 253-471-4553

Call 253.471.3935 for appointments

1708 E 44th St, Tacoma, WA 98404

Lakewood Family Medical Clinic ..................................... 253-589-7030

10510 Gravelly Lake Drive SW, Lakewood, WA 98499

Wastini Family Medical Clinic ....................................... 253-847-2304

134 188th St S, Spanaway, WA 98387

Women’s Health Clinic .................................................. 253-404-0737

1708 E 44th St, Tacoma, WA 98404

Urgent Care Clinic ....................................................... 253-442-8809

1202 Martin Luther King Jr. Way, Tacoma, WA 98405

Hours: M – Th 8:00 am - 5:00 pm; F 8:00 am - 5:00 pm

Neighborhood Clinic ..................................................... 253-627-6353

www.neighborhoodclinic_tacoma.org

1323 S Yakima, Tacoma, WA 98405

Hours: Open M-Th, sign-in begins at 4:30 PM (on a first-come, first-served basis. Recommend you line up early). Closed on some holidays, if you’re unsure, call. Will have upcoming closures on our voice mail.

Transportation Assistance (cont’d)

A non-profit agency that provides transportation for elderly, disabled and economically disadvantaged individuals. If you have a Medical Assistance card, and need transportation to a medical appointment, call Paratransit.

Sound Transit 1 ................................... 1-888-889-6368 or TTY 711 401

www.soundtransit.org

S. Jackson St, Seattle, WA 98104

www.paratransit.org

(253) 476-8726 or 888-418-2672

A special needs Transportation Company that contracts with agencies and individuals to provide rides.

Pet Care and Services

Pet Behavior Hot Line.............................................. 253-284-5840

Provides advice with behavioral problems with YOUR pet, NOT someone else’s pet.

Pet Partners ...................................................... 425-679-5500

(formerly Delta Society)

www.petpartners.org

875 124th Ave NE #101, Bellevue, WA 98005

Hours: M – Th 8:30 am - 4:30 pm

Human-service organizations dedicated to improving people’s health through positive interactions with animals. People are healthier and happier because companion, service and therapy animals enrich and positively impact their everyday lives.

Humane Society of Tacoma and Pierce County

.................................................. 253-383-2733

www.thehumanesociety.org

2608 Center Street, Tacoma, WA 98409

Hours: M – W 9:30 am - 5:30pm; Th 11:00 am - 5:30 pm; F 9:30am - 5:30pm; Sat 9:00 am - 4:30 pm

Shelter Hours: M – W 9:30 am - 6:00 pm; Th 11:00 am - 6:00 pm; F 9:30 am - 6:00 pm; Sat 9:00 am - 5:00 pm

Dedicated to providing services which advance the welfare of animals and promote positive relationships between animals and people. Pets are available for adoption. The Humane Society has an Emergency Food Bank (EFB) of pet food to those who are in temporary need of dog or cat food once PER MONTH OPEN MONDAY - FRIDAY 12 - 4PM SATURDAY 9 - 11AM Call or check website for additional information.

Noah’s Pet Project .................................................. NO PHONE NUMBER AVAILABLE

www.noahspetproject.org

1624 Tacoma Ave S, Tacoma, WA 98402

Located next To Nature, South end of the building.

Hours: CLINIC IS OPEN ON THE 2ND SUNDAY OF EVERY MONTH; CLINIC TIME: 12 - 2 PM; A VOLUNTEER WILL BE PRESENT AT 9:00 AM FOR SIGN UP.

Treating companion pets only. A companion pet is an animal that lives with you. Will treat only 2 pets per family per visit. Everyone is signed up on one list. We will ask if this is your pet’s first visit and get basic information. There are no appointments. We try and see you on a first come, first served based but sometimes a sick or injured pet must be seen first. Treat spayed or neutered pets only. Our mission is to provide preventative care like immunizations and episodic care like treating a cold or skin condition. Refuming for shots or flea treatment: Each pet must be seen by our vet initially; on most return visits a vet technician will see your pet. We do nail clipping during the clinic as time becomes available. If you are returning for flea treatment only let a volunteer know as soon as possible. We are here to assist you in making sure your pet has a loving, healthy life. If you need pet food please make sure you tell us when we first take your name. Please see our website for more detailed information.

Tax Preparation

The Pierce County Asset Building Coalition coordinates recruitment and training of tax preparation assistance volunteers and works with other organizations to make free tax preparation help available throughout Pierce County. Volunteers help prepare for information about free tax preparation help in your area during tax season call 2-1-1 or visit www.piercecountycabc.org. Free e-filing can also be done by the taxpayer him/herself by using the internet site www.icanefile.org, a trusted partner of the State of Washington. For assistance with returns for past tax years, where refunds may be delayed a paying delayed filing, visit the local IRS office: 1201 Pacific Ave, Tacoma WA 253-428 3518.
The following information is intended to connect you with helpful links and the available transportation resources in our community. Call 2-1-1 United Way of Pierce County’s 2-1-1 call center is a comprehensive information and referral line that connects people with essential health and human resources. Information and Referral Specialists can help direct callers to transportation resources that best fit their needs. The United Way of Pierce County 2-1-1 call center is open Monday through Friday from 8:00 a.m. to 4:00 p.m. with 24-hour voice mail. Search the 2-1-1 DATABASE online.

Pierce County Coordinated Transportation Coalition
www.piercecountryrides.com

The PCCTC is made up of member organizations including public transit agencies, non-profit agencies, and private provider agencies. All of these organizations understand the value of working together and are invested in coordination efforts. With their help, emerging issues are leading to new programs and new ways of organizing the business of providing transportation to seniors, people with disabilities and people with limited incomes. Please check our website for additional information and member organizations.

Other Member Agencies:

Around the Sound ........................................253-858-7088
www.around-the-sound.net

We Move the Ones You Love: We pick your loved one up at the door, transport to the appointment on-time, wait, and return safely. Our goal is to make sure each trip goes smoothly. We go the extra distance and even help schedule the next appointment.

To Schedule Your Trip:
ONLINE: Book online using our Trip Scheduler CALL: 253-858-7088 We prefer reservations at least one day in advance, but can usually provide same day service.
FAX: 253-858-7044 EMAIL: dispatch@around-the-sound.net
Wheelchair Lift & Sedan Services: Medical Appointments, Hospital Discharges, Dialysis Centers, Physical Therapy Centers, Group Outings, Airport Service, Individual Requests, Same Day Requests (Based on Availability)
Security & Peace of Mind: Fully Certified and Trained Drivers, We perform background checks on all drivers, Routes & services monitored for safety and efficiency, Experienced non-emergency transport personnel.
Our Customers Include: Individuals, Alzheimer’s and Dementia Centers, Hospitals, Government and Social Service Agencies, Corporations, Nursing Homes and Assisted Living Facilities
Payment Methods: Cash, Credit Cards, Checks, Prepaid Transportation, Agency Accounts
Local Motion ..............................................253-539-8233

A local transportation company that provides special needs transportation services in Pierce County.

Paratransit ..............................................1-800-925-5438
www.wanemmt.com
4810 Auto Center Way, Bremerton, WA 98312

Medical Care (cont’d)

The Neighborhood Clinic provides free urgent medical care to patients who cannot afford or access healthcare

Trinity Health Clinic .......................253-272-8819
www.tpc.org
1615 6th St, Tacoma, WA 98405
Hours: T - 5:00 pm - 7:00 pm
Does physicals and provides general medical services to anyone without insurance. Walk-in are on a “first come first served basis”

SeaMar Clinic ......................... www.seamarch.org
Administrative Offices ..................206-763-5277
1040 S Henderson St, Seattle, WA 98108

Tillicum Medical Clinic ..................253-280-9890
14916 Washington Avenue SW, Lakewood, WA 98498
Hours: M, W: F: 8:00 am-5:00 pm
Specialize in adult primary-care medicine, including preventive health exams, urgent care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for other medical services.

Tacoma Medical Clinic ..................253-593-2144
2121 W 19th St St, Tacoma, WA 98405
Hours: M - Sat: 8:00 am-5:00 pm

Puyallup Medical Services ..................253-864-4550
10217 125th St Ct E 2nd Floor, WA 98374
Hours: M - F: 8:00 am-5:00 pm, W: Th 8:00 am - 7:00 pm
Puyallup Medical Clinic has been serving Puyallup and Pierce County residents since 2004. Our highest priority is to provide high quality, accessible, affordable, and comprehensive health care to the Puyallup community and its surrounding areas. Puyallup Medical Clinic has a provider on staff and available to our clients for phone consultation 24-hours per day, 7-days per week. Our 24-hour nurse advice line, 1-866-418-1002, is also available to clients who seek advice or consultation.

Bates Dental Clinic ..................253-596-1677 & 253-680-7000
www.wellness.com
1101 S Yakima, Tacoma, WA 98405
Hours: M - Th 8:00 am - 3:00 pm (closed 11:00 am - 12:00 pm)

Lindquist Dental Clinic for Children .............253-539-7445
www.lindquistsdental.com
Providing accessible, compassionate and effective dental care to Puget Sound children in need.

Parkland Dental Clinic .....................253-539-7445
130 131st St. So., Tacoma, WA 98444
Hours: M - F: 8:00 am - 5:00 pm
South Tacoma Dental Clinic .....................253-539-7445
3875 S 66th St, Tacoma, WA 98409
Hours: M - F: 8:00 am - 5:00 pm
Gig Harbor Dental Clinic ..................360-377-0559
8502 Skansie Ave, Gig Harbor, WA 98335
Hours: M - F: 8:00 am - 5:00 pm
Bremerton Dental Clinic ..................360-377-0559
3102 Wheaton Way, Bremerton, WA 98330
Hours: M - F: 8:00 am - 5:00 pm

Pierce College Dental Hygiene Clinic ..................253-964-6694
www.pierce.ctc.edu
Pierce College, Ft Steilacoom Campus, 9401 Fanwix Dr. SW, Lakewood, WA 98498
Hours: M & F: 8:00 am - 12:00 pm, W, Th 8:00 am - 5:00 pm
The clinic provides low-cost, gentle, preventive care for low-income and uninsured families and seniors. Dental care is done by students, in training to be dentists, and licensed dental hygienists and dentists check all patient treatment.

Puyallup Tribal Health Authority ..................253-593-0232
www.epitha.com
2209 E 32nd St, Tacoma, WA 98404
Puyallup tribe members and Pierce County residents who are enrolled members of other tribes

Community Health Care - Dental
Milgard Family Dental Clinic ..................253-572-7002
1708 #44th, Tacoma, WA 98404
Hours: M - F: 6:30 am - 11:30 pm
Walk-In hours: M - F: 6:30 am in (closed for lunch 11:30 am - 12:30 pm & W: Th 1:00 pm - 2:00 pm)
Lakewood Family Dental Clinic ..................253-589-7188
10510 Gravelly Lake Drive SW, Tacoma, WA 98499
Hours: M - F: 6:30 am - 5:30 pm; (closed for lunch 11:30 am - 12:30 pm)

Dentist Care
Pierce County Dental Society Referral Service ..................253-272-9910
www.pcdentists.org
Mental Health Care
CRISIS LINE: 1-800-576-7764
WARM LINE: 253-942-5655 or 1-877-780-5222
Recovery Response Center .......... 253-942-5644
www.recoveryinnovations.org
2150 Freeman Road East, Fife, WA 98424
Recovery Innovations, through its local non-profit corporations, offers a range of recovery based services in Arizona, California, North Carolina, and Washington. Recovery Innovations has developed an integrated approach to recovery based practices and programs with the creation of a service delivery model that highlights peer support as the demonstration that recovery from mental illness and/or addiction is possible. In order to stay on track with recovery and wellness values, Recovery Innovations uses a wellness based approach instead of the traditional illness based approach. The focus is on strengths and is person-centered.

Comprehensive Life Resources .......... 253-396-5800
www.comprehensiveliferesources.org
1305 Tacoma Ave S Ste #305, Tacoma, WA 98405
Hours: M - F: 8:00 am - 5:00 pm; Adult Services Walk-Ins: M - F: 8:30 am - 2:30 pm NO WAITING
Provides mental health services for individuals without health insurance or have private insurance. The Medicaid Provider 1 program is for low-income individuals and families. Free counseling services (4 to 6 per year) are also available for those who qualify. In addition, Park Place Residential Center is a licensed adult residential rehabilitation center and facility offering individualized and person-centered treatment for adults with serious and persistent mental illness who need a more secure and supportive residential environment. Counseling Services are available to everyone regardless of an individual’s ability to pay.

Children’s Services Walk-ins M - F: 8:30 am - 4:00 pm
CALL FOR MORE INFORMATION

MultiCare Good Samaritan Hospital Behavioral Health ................................................. 253-697-8400
www.multicare.org/goodsam/behavioral-health
325 East Pioneer, Puyallup, WA 98372
Hours: M - Th: 8:00 am - 7:00 pm; F: 8:00 am - 5:00 pm; Walk-In Assessment Clinic: M - F 9 am to 5pm (first come, first served appointments) Services include: Adult, Child and Family, Older Adult, Peer Support, Puyallup Valley Institute Services, Asian Counseling Services, Domestic Violence Survivor Services, Adult Chemical Dependency Services and Mental Health Crisis Services

Greater Lakes Mental HealthCare .......... 253-581-7020
www.glmh.org
9330 59th Ave SW, Lakewood, WA 98499
M-W: 9am - 5pm; Th 9am - 7pm; F 8am - 5pm. For our Public Health Clients: FOR ADULT/CHILD & FAMILY - SAME DAY APPOINTMENTS SERVICES
Greater Lakes provides a full range of mental health services, which you can easily arrange by calling the Access Center at (253) 581-7020. When you call, you will speak with a trained Clinical Screener who will help you determine which services will best meet your needs. Help is here! Counseling, Classes and Medication Services. GREATER LAKES MENTAL HEALTH-CARE ALSO PROVIDES OUTREACH SERVICES CALL TO SCHEDULE AN APPOINTMENT.

Hope Sparks - Relatives Raising Children Program ................................................. 253-565-4484
www.hopesparks.org
6424 N. 9th St, Tacoma, WA 98406
M-F: 9:00 am-5:00 pm
Provides resources and support to kinship caregivers; No parent raising the child - non-biological but having a relation to child who must be age 18 and under. THERE IS A WAITING LIST TO RECEIVE COUNSELING SERVICES. Call to be placed on the waiting list. Also providing long scale counseling services for children, young adults and adults.

Sea Mar Community Health Centers – Behavioral Health .............................................
www.seamarchc.org
Administrative Offices: ............. 206-763-5277
1040 S Henderson St, Seattle, WA 98108
Tacoma Behavioral Health Center .......... 253-280-9890
1516 S 11th St, Tacoma, WA 98405
Hours: M-F: 8:00 am-5:00 pm
The Tacoma site provides mental-health and chemical-dependency services to children, youth and adults. Our site is state-licensed as a community mental-health agency and a certified chemical-dependency agency. We meet all requirements for court-mandated services, and are fully

Clothing Resources (cont’d)
Clothing + Hot meal + Groceries. The clothing bank is set up in a store-like fashion with clothing for adults and children. Donations of food and/or gently used clothing are accepted at the door at 9:00 am and/or drop off at the office (street side on Tacoma Avenue) or call 253 281-3300 and someone from the office will come down to receive the donation.

TACID (Tacoma Area Coalition for Individuals with Disabilities) .......... 253-565-9000 ext 25
6319 South 19th St, Tacoma, WA 98464
Hours: The clothing bank is open 2nd and 4th Tuesdays at noon

Weart It Out Real Life Family Center 253-539-5190
www.reallifefamilycenter.com
1615 Park Ave S., Spanaway, WA 98387
Hours: Sat: 10:00 am - 4:00 pm
Free clothing to all

Clothing Room, Tacoma Rescue Mission
Downtown Campus ................. 253-383-4493
2601 Pearl, Tacoma, WA 98402
Hours: M-Th: 1:00 pm-4:00 pm
The warehouse is open to those in need of household items such as clothing, shoes, toiletries, blankets, sheets, and cookware.

The Bread Basket ................................................. 253-565-3271
www.breadbasketoutreach.blogspot.com/
3617 Bridgeportway W Ste R, University Place, WA 98464 (The Clocktower Building)
Food, clothing, some basic needs assistance on a case-by-case basis.

Pregnancy Services
Care Net Pregnancy Centers
24/7 Helpline: ........................................... 1-877-668-2566
www.carenetps.org
Medical services include: Pregnancy testing, Consultations, Limited Ultrasound, Sexually Transmitted Infection (STI)/ Sexually Transmitted Disease (STD) screening for negative test patients and Ongoing care. These services are free and confidential and are offered at our centers. Also available: "Earn While You Learn" Program, Contact the Pregnancy Centers for more information.

Lakewood Center ......................... 253-984-6222
10828 Gravelly Lake Dr SW, Ste #101, Lakewood, WA 98498
Hours: M - Th: 9:00 am - 5:00 pm, F 10:00 am - 5:00 pm

Puyallup Center ......................... 253-770-8697
Sunrise Blvd E, Suite 107, Puyallup, WA 98374

Furniture Banks
NW Furniture Bank ......................... 253-302-3868
www.nwfurniturebank.org
117 Puyallup Ave, Tacoma, WA 98421
NW Furniture Bank works on a referral basis serving families in Pierce and South King County only. A family must work with one of the pre-approved organizations or social service agencies to receive a referral. Everyone is charged a $57 processing fee with an option of delivery for a fee of $125. If you choose to purchase furniture you are required to take all items at once. This may mean one to several vehicles for transporting items. This is a ‘once only’ opportunity.

The following list is a resource to obtain furniture. Most organizations provide a voucher for referral. Clients need to contact the organization to receive an appointment.

Some of the Agencies to Call for Help:

Associated Ministries ......................... 253-383-3056
MDC ................................................. 253-383-3921
Community Health Care ................. 253-597-1280
Tacoma Housing Authority .......... 253-207-4400
Rescue Mission ......................... 253-383-4493
Step by Step Family Support .......... 253-896-0903
Phoenix Housing Project ......... 253-682-3401
Pierce County Alliance .......... 253-572-4750
Courage 360 ......................... 253-474-9993
St Vincent de Paul ......... 253-474-0519
HopeSparks family Services .......... 253-565-4484
Puyallup Tribe of Indians ........ 253-841-0376
Helping Hands House ...... 253-848-6096
Exodus Family Services ........ 253-862-6808
Catholic Community Service .... 253-471-5340
Network Ministries ......................... 253-474-9334
SPiPA ........................... 253-462-3990
Catholic Social Services ........ 253-951-1801

For more information, please visit our website at: www.nwfurniturebank.org.
Legal Aid Resources

Fair Housing Center of WA

www.fhcwashington.org

1517 South Fawcett, #250, Tacoma

Hours: Call for days and hours open

Provides assistance with housing discrimination issues related to specific protected classes under federal, state, and local fair housing laws. Advocate for people with disabilities to obtain reasonable accommodations related to housing.

Landlord/Tenant Program (City of Tacoma) Coordinator’s Office

www.cityoftacomacode.com/landlord-tenant

1517 South Fawcett, #250, Tacoma, WA 98402

Hours: Walk-in Assistance W 9am-1pm

The City of Tacoma Landlord-Tenant Program is focused on improving the quality of life for the citizens of Tacoma by equipping landlords and tenants with the tools needed to sustain safe, healthy, affordable, and crime free communities. The primary function of the Landlord/Tenant program is to receive, analyze, and resolve landlord-tenant disputes that arise under the Washington State Residential Landlord-Tenant Act (RCW 59.18). This service is free and available to both property owners and tenants within the Tacoma City limits.

The landlord/tenant program offers services in the following areas: Information & referral; Training; Dispute Resolution; Rent Issues; Deposit Issues; Repair/Maintenance Issues; Building Code Violations.

Clothing Resources

Our Father’s Kitchen Clothing Bank United

Lutheran Church

www.lutheransonline.com

1231 S 67th St, Tacoma, WA 98408

Hours: W 12:00 pm - 2 pm

Located across the hall from Our Father’s Kitchen at United Lutheran Church. Free clothing, coats, and shoes. Bring photo ID. Located at far end of church.

Pat’s Clothing Closet (Trinity Presbyterian Church)

www.tptacoma.org

1615 6th Ave, Tacoma, WA 98405

Hours: Walk-in 3:00 pm – 7:30 pm & F 1:00 pm – 3:00 pm

Free clothing for low income families or individuals in need of clothing.

My Sister’s Pantry First United Methodist Church of Tacoma

Contact Martha Curwen:

www.mysisterpantry.org

621 Tacoma Ave. South, Tacoma, WA 98402

Hours: Open on 1st and 3rd M every month 5-7pm 4th Saturday of the month from 10:30am to 12:30pm

Vocational/Community Colleges (cont’d)

provisional/technical programs. These advisors ensure that

TCC always provides current, relevant instruction in the

following fields: Accounting; Early Childhood Education - Emphasis on Children with Special Needs; Emergency Medical & Health Services; Health Information Management; Human Services; Networking and Cyber Security; Nursing; Paralegal; Radiologic Science; Respiratory Therapy.

Matthew’s House

360-794-8720

www.matthewshouses.org

Mailing address: PO Box 201, Monroe, WA 98272

Hours: Th 11am - 3pm; F - M 11:30am - 5pm (Closed on T & W)

Provides love and hope to families with loved ones incarcerated in Monroe Correction Center. Services include: Welcome Room, Volunteers’ Support Center, Clothing Closet, Emergency Food Supply, Counseling Referral Services, Family Van Services and Special Overnight Accommodations.

Healing Places Counseling Center

www.healingplacescounselingcenter.com

1614 South Mildred, Ste #B, Tacoma, WA 98465

Hours: Call for days and hours open

This is a nonprofit counseling center dedicated to providing counseling and therapy to individuals, families, and couple relationships. We are committed to fostering an environment of confidentiality, safety, and reverence for our clients. Offering a healing place for all persons on their journey to wholeness.

MDC Mental Health Clinic

www.mdc-tacoma.org/health/mental-health-services

621 5th Ave, Suite #101, Tacoma, WA 98402

Mailing address: PO Box 201, Monroe, WA 98272

Hours: M - F 8:00 am - 4:30 pm

Mental health services including individual counseling, co-occurring disorder counseling, outreach, education, and case management provided to individuals experiencing homelessness. Psychiatric care is available through MDC’s Healthcare for Homeless Clinic.

PLU Couple & Family Therapy Center

www.plu.edu

Meeting time is the 2nd Thursday of each month

PFLAG (Parents, Families and Friends of Lesbians and Gays)

www.pflagtacoma.org

First United Methodist Church of Tacoma

621 Tacoma Ave S, Tacoma, WA 98466

Meeting time is the 2nd Thursday of each month

Support Groups

 Comprehensive Mental Health, Greater Lakes Mental Health and Good Samaritan Mental Health offer group sessions for those already participating in their services.

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Comprehensive Mental Health, Greater Lakes Mental Health and Good Samaritan Mental Health offer group sessions for those already participating in their services.

We offer affordable, high-quality care to individuals, couples, and families, using the latest advances in the field. Care at our center is based on a family-focused model of therapy, which means that we encourage family members or significant others to come together in therapy in order to gather as much information as possible about the difficulties you are facing. We can best serve you when multiple people are involved, working together toward a solution; children of any age are welcome in sessions.

Bridges: A Center for Grieving Children

Meeting time is the 2nd Thursday of each month

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www.pflagtacoma.org

First United Methodist Church of Tacoma

621 Tacoma Ave S, Tacoma, WA 98466

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PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.

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Support Groups

Comprehensive Mental Health, Greater Lakes Mental Health and Good Samaritan Mental Health offer group sessions for those already participating in their services.
Services for the Disabled (cont’d)

Division Developmental Disabilities .................................................. 253-404-5500
1305 Tacoma Ave S, Tacoma, WA 98402
Hours: M-F: 8:00 am-5:00 pm
Developmentally disabled children and adults in the Medicaid Personal Care program, family support program, waiver program, group homes, adult Family Homes (AHF) supported living, Rural Health Clinic - Centers for Medicare & Medicaid Services and Medically Intensive Home Care program.

TacoMac Pierce County Health Department ..................................... 253-798-6403/Toll Free 1-866-727-6407
Family Support Centers
Public Health nurse referral line for maternity support services (Referral line for Pierce County Health Dept.) Clients must be Medicaid eligible and nurses can come to your home. Help with parenting classes, nutrition, family planning and much more.
Call the center closest to you to get more information about your Family Support Center.
Bethel Family Support Center ........................................... 253-683-6850
Eastside Family Support Center .................................................. 253-627-7368
Hilltop Family Support Center ..................................................... 253-884-5433
Lakewold Family Support Center ................................................... 253-514-4655
Orting Family Support Center ....................................................... 360-893-8500
Puyallup Family Support Center ..................................................... 253-845-9177
Summer Family Support Center ..................................................... 253-891-6538
Midland Family Support Center .................................................... 253-298-4599
Good Samaritan MultiCare - Behavioral Health Services ............. 253-697-8400
www.multicare.org
325 E. Pioneer Ave., Puyallup, WA 98372
Hours: M-F: 8:00 am - 6:00 pm
Assisting family caregivers with resources, education, dementia assessment, adult counseling, and caregiver support groups. Provides adult services, child family services and older adult services.
L’Arche Tacoma Hope Community ................................................. 253-535-3178
www.larchethc.org
12303 36th Ave E, Tacoma, WA 98446
Hours: M-F: 8:00 am - 4:00 pm
Faith-based residential and day support programs for developmentally disabled adults. The Mission of L’Arche is to make known the gifts of people with developmental disabilities, revealed through mutually transforming relationships.
Child Care

Child Care Aware of Washington

253-591-5471 or 1-844-466-1114
www.childcareaware.org

Child Care Aware of Washington serves as a community resource for child care throughout the state. We help families find quality child care, preschool and after-school programs for their children. We work with child care program owners, directors and teachers to improve the quality of their programs. We provide business and civic leaders with information about the value and importance of child care, and collaborate with them to make care safe and enriching for children.

Community Montessori

253-627-7554
www.communitymontessori.org

1407 South 1st Street, Tacoma, WA 98405

Washington State approved private school for kindergarten through 8th grade. Child care for children as young as twelve months is available. Parents come from Tacoma and surrounding communities in the south Puget Sound to take advantage of the full-day Montessori child care.

MDC - Homeless Childcare Assistance Program

253-572-3213

721 South Fawcett, #204, Tacoma, WA 98402

Hours: M-Th: 8:00 am - 4:00 pm; F: 8:00 am - 4:30 pm

Vouchers are provided to homeless families for licensed childcare while parents seek housing, employment, doctors and counseling appointments, or treatment. Your family can get short-term, free child care if: Do not have a home; Live in transitional housing; Live temporarily with family or friends. When can this child care be used? While you: Look for permanent housing; Look for employment; Attend appointments for medical/mental health care; Substance abuse, Violence avoidance, WA. Legal appointments, Social services. Who provides the child care? Licensed or certified Childcare Centers and Family Homes.

Early Childhood Education/Preschool Programs

Head Start/Early Childhood Education & Assistance Program (ECEAP)

253-571-1870

www.tacoma1211a.wa.us

Tacoma Public Schools

Central Administration Building

PO Box 1357, Tacoma, WA 98401

CALL FOR ADDITIONAL INFORMATION AND HOURS

State of Washington funded program for age-eligible children from low-income families. ECEAP involves the whole family and offers health, nutritional and social services support. THIS IS A "NO COST" PRESCHOOL PROGRAM.

Working Connections Childcare (WCC)

DSHS Call Center

1-877-501-2233

(Division of Washington State Department of Learning) www.wa.gov/WCC

WCC helps families with low incomes pay for child care while they work or meet WorkFirst participation requirements. When a family qualifies for child care subsidy benefits and participation requirements. When a family qualifies for child care subsidy benefits and chooses an eligible provider, the state pays a portion of the cost of child care. The parent participation requirements. When a family qualifies for child care subsidy benefits and chooses an eligible provider, the state pays a portion of the cost of child care. The parent is also responsible to pay a copayment to the provider each month.

Puget Sound Educational Service District (PSESD)

253-778-7900

www.psesd.org

ReLife Center (State Office, Pierce County)
Child Care

Child Care Aware of Washington .......................................................... 253-591-5471 or 1-800-446-1114 www.childcareaware.org
Regional Office: 1551 Broadway Ste #300, Tacoma, WA 98402
Child Care Aware of Washington serves as a community resource for child care throughout the state. We help families find quality child care, preschool and after-school programs for their children. We work with child care program owners, directors and teachers to improve the quality of their programs. We provide business and civic leaders with information about the value and importance of child care, and collaborate with them to make child care safe and enriching for children.

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MDC - Homeless Childcare Assistance Program (Division of Washington State Department of Learning) www.mdc-tacoma.org
1208 S. 10th Street, Tacoma, WA 98405
Hours: M-Th: 9-5; F: 9-4
Washington State funds programs for homeless children from low-income families. ECEAP involves the whole family and offers health, nutritional and social services support. This is a “NO COST” PRESCHOOL PROGRAM.

Early Childhood Education/Preschool Programs

Head Start/Early Childhood Education & Assistance Program (ECEAP) .......................................................... 253-572-1870
www.tacomak12wa.us
Tacoma Public Schools
Central Administration Building
PO Box 1357, Tacoma, WA 98401
CALL FOR ADDITIONAL INFORMATION AND HOURS
State of Washington funded program for age-eligible children from low-income families. ECEAP involves the whole family and offers health, nutritional and social services support. This is a “NO COST” PRESCHOOL PROGRAM.

Working Connections Child Care (WCC)

DSHS Call Center ................................................................. 1-877-501-2233
(Division of Washington State Department of Learning) www.lawsa.wa.gov
WCC helps families with low incomes pay for child care while they work or meet WorkFirst participation requirements. When a family qualifies for child care subsidy benefits and participation requirements, the state pays a portion of the cost of child care. The parent participation requirements. When a family qualifies for child care subsidy benefits and chooses an eligible provider, the state pays a portion of the cost of child care. The parent also responsible to pay a copayment to the provider each month.

Puget Sound Educational Service District (PSESD) 253-778-7900
www.pseud.org
RelLife Center (Satellite Office, Pierce County)

Early Childhood Education/Preschool Programs (cont’d)

5515 44th St NE, Puyallup, WA 98371
Hours:
Early Childhood & Family Support Services: We offer WW support services for children (prenatal to age five) and their families; education and leadership opportunities for parents; Birth to Five Programs: WW support to eligible infants, toddlers and preschool age children and their families.

HopeSparks Family Services............ 253-565-4887
(Tacoma Learning Center changed its name to Children’s Developmental Services) www.hopesparks.org
6316 South 12th St, Tacoma, WA 98406
Hours: Call Days & Hours Open
HopeSparks Children’s Developmental Services will now include our Early Intervention Program for children ages birth to three (3).

Education, Employment & Job Training

Centro Latino SER (Adult Employment & Education) 253-572-7717
www.tacomalatino.org
1208 S. 10th Street, Tacoma, WA 98405
Hours: M-Th: 9:00 am - 4:30 pm
In order to successfully participate in the Pierce County community, Centro Latino’s clients must first be able to meet their individual needs. Education, Employment, and Skill build impact an individual’s ability to be self-sufficient. Centro Latino’s Adult Employment and all individuals an individual’s ability to be self-sufficient. Centro Latino’s Adult Employment and Education Services provide no and individuals in building skills, maximizing potential, and increasing their ability to fully contribute to the economy, culture, and vitality of Pierce County. Adult Employment and Education Services address the following areas: Adult Education - English as a Second Language (ESL) class; Basic computer class in Spanish Employment Assistance: These are the main services offered by the Adult Employment and Training Department: Resume Preparation, Cover Letter preparation, Job interview orientation, Mock interviews, Job listings, and Computer use in job search and resume submission.

MDC - Educational Opportunity Center (EOC) 253-572-5960
www.mdc-tacoma.org
Locations:
Tacoma Goodwill, 714 S 27th St, Tacoma, WA 98402
WorkSource Pierce County, 1305 Tacoma Av S, Tacoma, WA 98402
Hours: M-Th: 8:00 am-5:00 pm; F: 8:00 am-1:00 pm
EOC provides free educational support to adults in the following areas: educational planning, career advising and exploration, financial aid counseling, and college applications, and student loan default advocacy. MDC also helps people learn about different careers, choose a college and apply for financial aid, get training for high demand jobs, etc. MDC is committed to the mission of developing innovative programs that help people from poverty, so they can become self-sufficient. THEY PROVIDE SERVICES IN HOUSING, HEALTH, EDUCATION, AND EMPLOYMENT. EOC provides Career Voice Mail to low income people in crisis and transition by providing FREE, PERSONALIZED 24-HOUR VOICE MAIL people in crisis and transition by providing directly linking individuals to jobs, housing, and stability. Users receive a personal phone number and can create their own personal greeting and security code on a system that sounds like a regular phone with voice mail. For more information contact Julie Teager at (253) 284-9099.

WorkSource - Pierce County - State of Washington 253-593-7300
www.go2worksource.com
1305 Tacoma Ave S, Ste #201, Tacoma, WA 98402
Hours: 8:00 am - 5:00 pm
Helps job seekers: apply for unemployment benefits, file a weekly claim, ask questions about your claim, find jobs, receive job training and provides assistance to employers/ businesses. Provides language assistance for clients.

Goodwill Industries ............... 253-573-6500
www.tacomagoodwill.org
714 South 27th Street, Tacoma, WA 98402
Hours: M-F: 8:00 am - 4:30 pm
Provides a wide variety of job training and placement services. Community employment services, comprehensive vocational evaluation services, job skills training, and special needs programs are available through REACH, located on the first floor of Goodwill Work Opportunity Center; REACH (Resources for Education and Career Help) is a partnership of more than a dozen agencies providing career education, personal and professional development services for young adults, ages 16-24, across Tacoma and South Puget Sound.

Labor Works 253-627-9675
www.labwororks.com
5946 6th Ave, Tacoma, WA 98406
Hours: M - F 5:30am - 6:00pm; Sat 6:00 am - 10:00am
We offer jobs daily, including weekends, same day pay through a Global Cash Card or weekly direct deposit to your bank account, and an opportunity for full-time employment in a wide variety of industries. We make sure you’re safe on the job, get the respect you deserve and the employment you need right now. Job categories include: Clean-up, Construction, Convention set-up/tear-down, Event Security, Factory, Forklift Handling, Hospitality, Janitorial/Landscaping, Light Industrial, Manufacturing, Marine Services, Merchandising, Moving, Recycling, Retail Services, Shipping and Receiving, Special events, Truck Services.

Services for the Disabled (cont’d)

Tacoma Area Coalition of Individuals with Disabilities (TACID) 253-565-9000 www.tacid.org
6315 South 19th Street, Tacoma, WA 98466
Hours: M: 9:30 am-5:00 pm, T & Th 9:30 am - 8:30 pm; F 9:30 am - 4:00 pm
TACID’s mission is to promote the independence of individuals with disabilities through peer support, advocacy and self-sufficiency programs. Services & Programs provides services and peer support primarily for people with mental health diagnosis and disabilities, but also serves across disability to promote wellness and strategies for building strong social networks and strategies for daily living. TACID has a resource center that addresses the needs of people with disabilities along with a wide range of services to include homeless crisis care management, blind independent living assistance, support groups, and more.

Catholic Community Services - Volunteer Chore Services .......................................................... 253-502-2741
www.cccsw.org
1323 S Yakima Ave, Tacoma, WA 98405
Hours: M-F: 8:00 am-4:00 pm
Services are provided at no charge and serve as a safety net for those individuals who cannot afford to pay for assistance and do not qualify for other assistance. Services include transportation, housework, home repair, etc. Committed to helping elders and adults with disabilities remain independent in their own homes.

Child Care

Child Care Aware of Washington ................................. 253-591-5471 or 1-800-446-1114
www.childcareaware.org

Community Montessori ................................. 253-627-7554
www.communitymontessori.org

Puget Sound Educational Service District (PSESD) 253-778-7900
www.pseud.org

RelLife Center (Satellite Office, Pierce County)
Services for the Disabled (cont’d)

Division Developmental Disabilities ........................................ 253-404-5500
1305 Tacoma Ave S, Tacoma, WA 98402
Hours: M-F: 8:00 am-5:00 pm

DeVELOPMENTALLY disabled children and adults in the Medicaid
Personal Care program, family support program, waiver
programs, group homes, Adult Family Homes (AFH) supported living,
Rural Health Clinic - Centers for Medicare & Medicaid Services and
Medically Intensive Home care program.

TACMA PierCE countY healtH departMent ........................................ 253-798-6403 (Toll Free 1-866-727-6403)
Family Support Centers
Public health nurse referral line for maternity support services
(temporary assistance for native families) Clients
must be Medicaid eligible and nurses can come to
home. Help with parenting classes, nutrition, family planning
and much more.
Call the center closest to you to get more information about
your Family Support Center.

Bethel Family Support Center ........................................ 253-683-6850
Eastside Family Support Center ........................................ 253-627-7368
Hilltop Family Support Center ........................................ 253-884-5433
Lakewood Family Support Center ........................................ 253-884-4655
Orting Family Support Center ........................................ 360-893-8500
Puyallup Family Support Center ........................................ 253-845-9177
Summer Family Support Center ........................................ 253-891-6538
Midland Family Support Center ........................................ 253-298-4599
(Serves zip codes 98444; 98445; 98446; 98447)

Good Samaritan MultiCare - Behavioral Health Services
 ........................................ 253-697-8400
www.multicare.org
325 E. Pioneer Ave., Puyallup, WA 98372
Hours: M-F: 8:00 am - 6:00 pm

Assisting family caregivers with resources, education,
dementia assessment, adult counseling, and caregiver
support groups. Provides adult services, child family
services and older adult services.

L’Arche Tacoma Hope Community ........................................ 253-535-3178
www.larchethc.org
12303 36th Ave E, Tacoma, WA 98464
Hours: M-F: 8:00 am - 4:00 pm

Faith-based residential and day support programs for
developmentally disabled adults. The Mission of L’Arche is to
make known the gifts of people with developmental disabilities,
revealed through mutually transforming relationships.

Pierce County Community Connections (PCCC) ........................................ 253-798-4400
3602 Pacific Ave. Ste #200, Tacoma, WA 98418
Hours: M-F: 8:30 am - 4:30 pm

Prevention, Career program, which includes job readiness
skills and work experience placements, etc; Developmental
Disabilities, Home & Family Services include Homelessness
and Housing programs. NEW! PCCC also offers Connector Bus
Routes & Schedules. Call for additional information about any
of these programs & services.

South Puget Intertribal Planning Agency ........................................ 253-250-0550
www.spip.org
(TANF information www.spitandturf.org)
2136 S. State St. Ste C, Tacoma, WA 98405
Hours: M-F: 8:00 am - 4:00 pm

Provides cash assistance to American Indian/Alaskan Native
Families with children but THEY MUST BE ELIGIBLE FOR
TEMPORARY ASSISTANCE FOR NATIVE FAMILIES (TANF). They
provide assistance/resources to achieve self
sufficiency; assisting needy families so that children can be
cared for in their own homes and reducing the dependency
of needy parents by promoting job preparation, work, and
marriage.

Phoenix Housing Network - “Suited for Success”
(Division of Catholic Community Services) ........................................ 253-471-5340
www.ccssw.org
7050 S G St, Tacoma, WA 98408
Hours: Mary Butschly Coordinator 253.471.5340 ext. 29
(Call to make appointment and for more information.)

Suitied for Success (a program of Phoenix Housing Network)
offers weekly workshops for low-income men and women
seeking employment. These weekly workshops: Teach
interview preparation; Review interview do’s and don’ts;
Practices business etiquette and promote proper attitude;
Asses personal image and build self-esteem;
Help with selecting interview appropriate clothes.

TACMA CommuNity House ........................................ 253-383-3951
www.tacomacommunityhouse.org
1314 S L St., Tacoma, WA 98405
Hours: M-Th: 8:00 am-8:00 pm, F: 8:00 am-5:00 pm

Provides assistance to immigrants ranging from English as
a Second Language (ESL) and GED classes to employment
services and immigration help. TCH is a nonprofit organization
that provides education, employment, interpretation,

Lutheran Community Services Northwest ........................................ 253-272-8433
www.csmn.org
223 N. Yakima Ave, Tacoma, WA 98403
Hours: M-F: 8:30 am - 5:00 pm (phones forwarded
12:00 - 1:00 pm lunchtime)

Home helper (Home Care), senior companion program,
meals on wheels, senior scene, support you, where-to-turn
(Senior Media Services), behavioral health services, family &
counseling by specialist children, families & adults, refugees &
immigrant services and disability services.

Pike County Coalition for Developmental Disabilities ........................................ 253-564-0707
www.pcizonline.org
3716 Pacific Ave Ste A, Tacoma 98418
Hours: M - F 9:00 am - 4:30 pm

Informational meetings including birth to three (3-years-old,
housing/residential issues, transition from school to
adult services, employment, legal, Developmental Disabilities
systems overview, parent education for the
resources they need, a down payment assistance
program to help low-income first-time Medicaid Personal
Care and Leadership Training. Provides a referral/LINKS
service to help families and individuals homebuyers purchase
a home for their family/family member with a developmental
disability.

ResCare HomeCare Tacoma ........................................ 253-272-2675
www.rescarehomecare.com
747 St Helens Ave #200, Tacoma, WA 98402

We are the nation’s largest private provider of services
to people with disabilities; the largest one-stop workforce
contractor and the largest privately-owned home care
company. ResCare offers residential and support services,
education, vocational training and job placement for people
of all ages and skill levels. ResCare Residential Services
focuses on people with disabilities and youth with special
needs and ResCare HomeCare helps families and individuals
who want to age in place. ResCare Workforce Services and ResCare Education
and Training Services provide counseling, training and
job placement to people of all ages with barriers to employment.

South Sound Outreach Services ........................................ 253-593-2111
www.southsoundoutreach.com
1106 Martin Luther King Jr Way, Tacoma, WA 98405
Hours: M; W, Th, F: 8:30 am - 5:00 pm; T: 9:00 am - 5:00 pm

Provides outreach services to low-income seniors and
disabled individuals. Through advocacy and one-to-one
assistance with the application process (DSHS, SocialSecurity,
etc), we can ensure our clients receive assistance on a
monthly basis that continues throughout the year; thereby greatly
improving the quality of their health and well-being.

Education, Employment & Job Training (cont’d)
Drivers, Waste management, Agricultural, Bottling, and
Catering. Our Labor Works for You! Daily Work! Daily Pay! No
Fees!

Manpower ........................................ 253-473-5023
www.manpower.com
4002 Tacoma Mall Blvd, Ste 103A, Tacoma, WA 98409
Hours: Call for days & hours
Light industrial and clerical staffing for temporary or
permanent work.

Multicultural Self-Sufficiency Movement (MSM) ........................................ 253-473-5023
www.msm-wa.org
3820 Stellacoom Blvd, SW, Lakewood, WA 98466
Hours: M - F 9:00 am - 6:00 pm

We are a multi-service organization dedicated to providing
meaningful programs and services that will move our clients
towards a path of self-sufficiency and towards employment
and economic development critical
immigration assistance. Our programs are focused on
Citizenship classes, interpretation service, advocacy and
possible. We offer a range of services to include: ESL /
Skills and work experience placements, etc; Developmental
Disabilities, Home & Family Services include Homelessness
and Housing Programs. NEW! PCCC also offers Connector Bus
Routes & Schedules. Call for additional information about any
of these programs & services.

Phoenix Housing Network - “Suited for Success”
(Division of Catholic Community Services) ........................................ 253-471-5340
www.ccssw.org
7050 S G St, Tacoma, WA 98408
Hours: Mary Butschly Coordinator 253.471.5340 ext. 29
(Call to make appointment and for more information.)

Suitied for Success (a program of Phoenix Housing Network)
offers weekly workshops for low-income men and women
seeking employment. These weekly workshops: Teach
interview preparation; Review interview do’s and don’ts;
Practices business etiquette and promote proper attitude;
Asses personal image and build self-esteem;
Help with selecting interview appropriate clothes.

TACMA CommuNity House ........................................ 253-383-3951
www.tacomacommunityhouse.org
1314 S L St., Tacoma, WA 98405
Hours: M-Th: 8:00 am-8:00 pm, F: 8:00 am-5:00 pm

Provides assistance to immigrants ranging from English as
a Second Language (ESL) and GED classes to employment
services and immigration help. TCH is a nonprofit organization
that provides education, employment, interpretation,
HIV/AIDS Resources
Washington State HIV Hotline.....1-800-272-2437
doh.wa.gov
301 N L St, Tacoma, WA
Provides recorded information about HIV/AIDS and referrals
live person for answers to questions not addressed by recordings.

Pierce County AIDS Foundation .....253-383-2565
www.piercecountyaids.org
3520 S. Pine St, Tacoma 98409
625 Commerce St Ste 10, Tacoma, WA 98409
Hours: M-Th: 9:00 am-1:00 pm, W: 11:00 am-5:00 pm
PCF, through education and service, prevents HIV infection,
supports persons affected by HIV/AIDS, addresses related health
problems, and combats associated stigma and discrimination.
Free and anonymous HIV testing BY APPOINTMENT ONLY.

Prescription Assistance
Community Health Care.............253-597-3813
www.communityhealth.org
Hours: M - F 9:00 am - 5:00 pm
Call Community Health Care (Downtown Clinic) for other
CHC clinics that provide pharmacy services for client.

South Sound Outreach Services.....253-593-2111
www.southsoundoutreach.org
Does NOT have pharmacy but refers clients to pharmaceutical
company that makes needed drug, via computer, and the
company determines if prescription is discounted or free.

All Saints Community Services......253-848-2000
(Zip codes 98371,98372, 98373 only)
Hours: M-Th: 10:00 am-12:00 noon, 1:00 pm-3:00 pm
(98371, 98372, 98373 only)

Salvation Army (limited assistance)..............
........................................253-572-8452

Services for the Disabled
The Pierce County Aging and Disability Resource Center (ADRC).....253-798-4600
www.pierce.org
17214 110th Ave E, Puyallup, WA 98374
Toll Free 1-800-562-0332
www.pierce.wa.us
To access web page: Pierce County website homepage,
Government drop down menu, All Departments A-H, Com-
Community Connections, click on Seniors & Disabled, click on
Resource Guide, Aging & Disability (ADRC) Resources page

Hours: M – F 9 am - 4 pm
A first stop for older adults and individuals with disabilities of
all ages, family members, caregivers, service providers and
community professionals. Focus on helping individuals remain
safe and independent in their own homes in the community
as long as is practical. Confidential resource for information,
assistance and referral as well as a ‘front door’ for a number of
services such as: Family Caregiver Support, Long Term Care
Ombudsman Program, Memory and Wellness Services,
Living Well with Chronic Conditions, Veterans Directed Home
and Community Based Services, Care Transition Services
(Hospital-to-Home), and Aging and Disabilities Case Management

Advanced Health Care..................253-475-7744
www.advanced-healthcare.com
9116 Gravely Lake Drive SW, Ste B1, Lakewood, WA 98499
Hours: M - F 8:00 am - 5:00 pm
(AFTER BUSINESS HOURS: On Call Answering Service)
Locally owned, private-duty home healthcare agency providing
assistance to people, including veterans, who need help to
remain in their homes.

Catholic Community Services........253-502-2748
www.ccsww.org
1323 Yakima Ave, Tacoma, WA 98405
Hours: M-F: 8:00 am - 5:00 pm
Counseling Center: Provides “in home” care for seniors
and people with disabilities; shelters and homeless services;
housing; services for children & youth, families & individuals
along with family centers
Family Preservation Dept for Pierce County (located
in Tacoma)........................................253-759-9544
5410 N 44th St, Tacoma, WA 98407
Hours: M - F 9:00 am - 5:00 pm
Crisis/Emergency number 1-800-576-7764 (BY REFERRAL ONLY)
Provides services for children and families

Phoenix Housing Network ..........253-471-5340
7050 S “G” St, Tacoma, WA 98408
The purpose of PHN is to help homeless and at-risk families
achieve and maintain permanent housing in an atmosphere
of dignity and love. PHN also serves low-income families with
children in Pierce County helping to build skills that maximize
family stability and self-sufficiency to prevent future homelessness.

Center for Independence.............253-582-1253
www.cfsouth.org
7801 Bridgeport Way W Ste #200, Lakewood, WA 98499
Hours: M - F 9:00 am - 5:00 pm
It's a non-profit organization serving people with disabilities
and senior-related disabilities through outreach, advocacy,
and to assist independent living skills development in the home
and community.

Education, Employment & Job Training (cont’d)
immigration and social services for refugees, immigrants
and English speaking adults and youth.

Vadis ..................253-863-5173
www.vadis.org
1701 Elm St, Sumner, WA 98390
Hours: M - F 8:00 am - 4:30 pm
Vadis provides a variety of services designed to meet your
unique employment goals. Supported Employment helps
people with developmental disabilities define their career
goals. Depending where you are on your career path, we
offer a variety of services including job preparation, job referral
and job coaching in both group and individual settings.
Pathways serves young adults ages 17-21 with documented
disabilities in building their career path. Careers provides
adults with a wide variety of disabilities assistance in obtaining
and retaining employment. You will have a job—a place to
feel valued, appreciated, needed. Your life will change as
you grow in your job; it will carry over into all aspects of your life
as you become a better advocate for yourself and more self
confident.

Courage 360 ..................253-474-9933
www.courage360.org
3516 S 47th Ste 205, Tacoma, WA 98409
Hours: M-F: 8:00 am-5:00 pm
Courage 360 empowers women and men to create better
lives for themselves and their families. We accomplish this
by teaching them the skills to find – and keep – jobs that
provide a genuine living wage. On the work front, Courage
360 teaches job-readiness, computer and workplace skills
training. On the home front, we help with housing assistance
and support services to low-income residents of Pierce and
King Counties.

Vocational/Community Colleges
Bates Technical College .............253-680-7000
www.bates.ctc.edu
Downtown Campus .................253-680-7700
South Campus .....................253-680-7400
1101 South Yakima Avenue, Tacoma, WA 98405
2320 So. 19th St, Tacoma, WA 98405
2201 So. 78th St., Tacoma, WA 98409
Celebrating nearly 75 years in the Tacoma and Pierce County
community, Bates is an innovator. Our mission is to inspire,
challenge and educate. With Bates as your educational
partner, you can reinvent yourself. Today, Bates Technical
College offers courses online and on campus for students
going nowhere else. As a leader in workforce training since
1940, when the Clover Park School District established a
War Production program training civilians as auto mechanics,
aircraft-service mechanics, ship-fitters, welders and blueprint
readers.

Pierce College encompasses two main campuses in
Lakewood and Puyallup, education centers at Joint Base Lewis-
McChord, virtual education through its distance learning
program, and extensive continuing education opportunities,
as well as additional programs at sites throughout Pierce
County. Visit our website for a complete overview of courses
offered and student life at the campuses.

Tacoma Community College...............253-680-3000
www.tacomacc.edu
Tacoma Campus........................253-566-5000
6501 S 19th St, Tacoma, WA 98466
Gig Harbor Campus...............253-460-2424
3993 Hunt Street, Gig Harbor, WA 98335
Evergreen State College-Tacoma........253-680-3000
1210 S 6th Ave, Tacoma, WA 98406
TCC opened its doors to students in 1965, becoming one of
34 community and technical colleges in Washington state.
For more than 40 years, TCC has been committed to
creating community within the college and supporting the
community surrounding students. TCC offers a 77% placement
in their chosen fields. They are helped by more than 140 local
business professionals who serve as advisors for TCC's 38
Legal Aid Resources

Fair Housing Center of WA ................................................................. 253-798-7487 www.ffcwashington.org

Pierce County District Court ....................................................... 253-798-7487 www.piercecountycourts.org


district courts provide services in the following areas: Information and Referral; Dispute Resolution; Supply, Counseling Referral Services, Family Van Services and Special Oversight Accommodations.

Clothing Resources

Our Father’s Kitchen Clothing Bank United Lutheran Church ........ 253-475-3175 www.lutheransonline.net/our-kitchen

Lutheran Church ......................................................... 253-475-3175 www.lutheransonline.net/our-kitchen

Hours: W 12:00 pm - 2 pm

Located across the hall from Our Father’s Kitchen at United Lutheran Church.

Free clothing, coats, and shoes. Bring photo ID. Located at end of church.

Pat’s Clothing Closet (Trinity Presbyterian Church) .......................... 253-272-8819 www.pttacoma.org/compassion-center

1615 6th Ave, Tacoma, WA 98405

Hours: Walk-in 9:30 am – 3:00 pm F & S 10:00 am – 3:00 pm

Free clothing for low income families or individuals in need of clothing.

Our Sister’s Pantry First United Methodist Church of Tacoma .................. 253-627-1186 www.mysisterspantry.org

621 Tacoma Avenue South, Tacoma, WA 98402

Hours: Open on 1st and 3rd M every month 5-7 pm 4th Saturday of the month from 10:30am to 12:30pm (Check website for any changes to times.)

Vocational/Community Colleges (cont’d) professional/technical programs. These advisors ensure that NJP is Washington’s publicly funded statewide legal aid program for low income persons and groups in Washington. Through its seventeen offices and CLEAR, Washington’s lowest advances in the field. Care at our center is based on a family-focused model of therapy, which means that we encourage family members or significant others to come together in therapy in order to gather as much information as possible about the difficulties you are facing. We can best serve you when multiple people are involved, working together toward a solution; children of any age are welcome in sessions.

Bridges: A Center for Grieving Children (Christ Episcopal Church) ......................................................... 253-272-8266 www.mysisterspantry.org

615 N 2nd St, Tacoma, WA 98406
Hours: Call to make an appointment

A program of Associated Ministries. Provides pastoral counseling and spiritual direction on an adjusted fee scale to individuals, couples and families.

PLFAG (Parents, Families and Friends of Lesbians and Gays) ................................. 253-383-2318 www.plflagtacoma.org

First United Methodist Church of Tacoma
621 Tacoma Ave S, Tacoma, WA 98466

Meeting time is the 2nd Thursday of each month

PLFAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons and families through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.

Support Groups

Comprehensive Mental Health, Greater Lakes Mental Health and Good Samaritan Mental Health offer group sessions for those already participating in their services.
Children's Services Walk-ins  M - F 8:30 am - 4:00 pm
CALL FOR MORE INFORMATION

MultiCare Good Samaritan Hospital Behavioral Health
www.multicare.org/goodsam/behavioral-health
325 East Pioneer, Puyallup, WA 98372
Hours: M - Th 8:00 am - 7:00 pm; F 8:00 am - 5:00 pm; Walk-In Assessment Clinic: M - F 9 am to 5pm (first come, first served appointments)
Services include: Adult, Child and Family, Older Adult, Peer Support, Puyallup Valley Institute Services, Asian Counseling Services, Domestic Violence Survivor Services, Adult Chemical Dependency Services and Mental Health Crisis Services

Greater Lakes Mental Healthcare, 253-581-7200
9330 59th Ave SW, Lakewood, WA 98499
M-W: 9am - 5pm; Th: 9am - 7pm; F 8am - 5pm.
For our Public Health Clients: FOR ADULT/CHILD & FAMILY - SAME DAY APPOINTMENTS SERVICES
Greater Lakes provides a full range of mental health services, which you can easily arrange by calling the Access Center at (253) 581-7202. When you call, you will speak with a trained Clinical Screener who will help you determine which services will best meet your needs. Help is here! Counseling, Classes and Medication Services. GREATER LAKES MENTAL HEALTH-CARE ALSO PROVIDES OUTREACH SERVICES CALL TO SCHEDULE AN APPOINTMENT.

Hope Sparks - Relatives Raising Children Program
www.hopesparks.org
4624 N. 9th St, Tacoma, WA 98406
M-F: 9:00 am-5:00 pm
Provides resources and support to kinship caregivers; No parent raising the child - non-biological but having a relation to child who must be age 18 and under. THERE IS A WAITING LIST TO RECEIVE CANCELDceiving services. Call to be placed on the waiting list. Also provides short scale counseling services for children, young adults and adults.

Sea Mar Community Health Centers – Behavioral Health
www.seamarchc.org
Administrative Offices: 206-763-5277
1040 S Henderson St, Seattle, WA 98108
Tacoa Behavioral Health Center: 253-280-9890
1516 S 11th St, Tacoma, WA 98405
Hours: M-F: 8:00 am-5:00 pm
The Tacoma site provides mental-health and chemical-dependency services to children, youth and adults. Our site is state-licensed as a community mental-health agency and a certified chemical-dependency agency. We meet all requirements for court-mandated services, and are fully

Sea Mar Community Health Centers – Dental
www.seamarchc.org
Administrative Offices: 206-763-5277
1040 S Henderson St, Seattle, WA 98108
Tacoa Dental Clinic: 253-272-1952
1215 S 11th St, Tacoma, WA 98405
Hours: M-F: 8:00 am - 5:00 pm
Specializes in pediatric dentistry, including preventive dental exams, emergency care, and referrals for other dental services.

TACID (Tacoa Area Coalition for Individuals with Disabilities) 253-565-9000 ext 25
6315 South 19th St, Tacoma, WA 98464
Hours: The clinic is open 2nd and 4th Tuesdays at noon
Weart It Out Real Life Family Center 253-539-5190
www.reallifefamilycenter.com
16515 Park Ave. S., Spanaway, WA 98387
Hours: Sat 10:00 am - 4:00 pm
Free clothing to all

Clothing Room, Tacoma Rescue Mission Downtown Campus 253-383-4493
425 S. Tacoma Way, Tacoma, WA 98402
Hours: M-Th: 1:00 pm-4:00 pm
The warehouse is open to those in need of household items such as clothing, shoes, toiletries, blankets, sheets, and cookware.

The Bread Basket 253-565-3271
www.breadbasketoutreach.blogspot.com/
3617 Bridgeportway W Ste R, University Place, WA 98464 (The Clocktower Building)
Food, clothing, some basic needs assistance on a case-by-case basis.

Clothing Resources (cont'd)
Clothing + Hot meal + Groceries. The clothing bank is set up in a store-like fashion with clothing for adults and children. Donations of food and/or gently used clothing are accepted at the alley side basement door Tuesday-Friday 10am-3 pm. If no one is at the door, please go to the office (street side on Tacoma Avenue) or call 253-627-0192 and someone from the office will come down to receive the donation.

Pregnancy Aid 253-383-4100
902 South Market St., Tacoma, WA 98402
Hours: M, W, F: 10:00 am - 1:30 pm
We are a social service agency that provides immediate help to any woman and her family. We provide food, clothes, baby supplies, and help with rent & utilities.

NW Furniture Bank 253-302-3868
www.nwfurniturebank.org
117 Puyallup Ave, Tacoma, WA 98421
NW Furniture Bank works on a referral basis serving families in Pierce and South King County only. A family must work with one of the pre-approved organizations or social service agencies to receive a referral. Everyone is charged a $75 processing fee with an option of delivery for a fee of $125. If you choose to pick up furniture you are required to take all items at once. This may mean one to several vehicles for transporting items. This is a ‘once only’ opportunity.

The following list is a resource to obtain furniture. Most organizations provide a voucher for referral. Clients need to contact the organization to receive an appointment.

Some of the Agencies to Call for Help:
Associated Ministries 253-383-3056
MDC 253-383-3921
Community Health Care 253-597-7200
Tacoma Housing Authority 253-207-4400
HopeSparks Family Services 253-565-4484
Puyallup Tribe of Indians 253-841-0376
HopeSparks Family Services 253-565-4484
Puyallup Tribe of Indians 253-841-0376
Helping Hands House 253-848-6096
Puyallup Clothing + Hot meal + Groceries. The clothing bank is set up in a store-like fashion with clothing for adults and children. Donations of food and/or gently used clothing are accepted at the alley side basement door Tuesday-Friday 10am-3 pm. If no one is at the door, please go to the office (street side on Tacoma Avenue) or call 253-627-0192 and someone from the office will come down to receive the donation.

St Vincent dePaul 253-474-9933
Step by Step Family Support 253-386-0903
Phoenix House 253-682-3401
Pierce County Alliance 253-572-4750
Clearenz 253-474-9933
St Vincent de Paul 253-474-0019
HopeSparks Family Services 253-565-4484
Courage 253-474-1386
Step by Step Family Support 253-386-0903
Renaissance Chamber 253-862-6808
Catholic Community Service 253-471-5340
Network Ministries 253-474-9334
SPiDA 253-474-9334
Social Services Counseling 253-951-1801
For more information, please visit our website at: www.nwfurniturebank.org.
The following information is intended to connect you with helpful links and the available transportation resources in our community. Call 2-1-1 United Way of Pierce County's 2-1-1 call center is a comprehensive information and referral line that connects people with essential health and human resources. Information and Referral Specialists can help direct callers to transportation resources that best fit their needs. The United Way of Pierce County 2-1-1 call center is open Monday through Friday from 8:00 a.m. to 4:00 p.m. with 24-hour voice mail. Search the 2-1-1 DATABASE online.

**Pierce County Coordinated Transportation Coalition**

www.piercecountyrides.com

The PCCTC is made up of member organizations including public transit agencies, non-profit agencies and private provider agencies. All of these organizations understand the value of working together and are invested in coordination efforts. With their help, emerging issues are leading to new programs and new ways of organizing the business of providing transportation to seniors, people with disabilities and people with limited incomes. Please check our website for additional information and member organizations.

**Other Member Agencies:**

**Around the Sound**

www.around-the-sound.net

We Move the Ones You Love: We pick your loved one up at the door, transport to the appointment on-time, wait, and return safely. Our goal is to make sure each trip goes smoothly. We go the extra distance and even help schedule the next appointment.

**To Schedule Your Trip:**

ONLINE: Book online using our Trip Scheduler

CALL: 253-858-7088 We prefer reservations at least one day in advance, but can usually provide same day service.

FAX: 253-858-7044 EMAIL: dispatch@around-the-sound.net

Wheelchair Lift & Sedan Services: Medical Appointments, Hospital Discharges, Dialysis Centers, Physical Therapy Centers, Group Outings, Airport Service, Individual Requests, Same Day Requests (Based on Availability)

Security & Peace of Mind: Fully Certified and Trained Drivers, We perform background checks on all drivers, Routes & services monitored for safety and efficiency. Experienced non-emergency transportation personnel.

Our Customers Include: Individuals, Alzheimer’s and Dementia Centers, Hospitals, Government and Social Service Agencies, Corporations, Nursing Homes and Assisted Living Facilities

Payment Methods: Cash, Credit Cards, Checks, Prepaid Transportation, Agency Accounts

Local Motion

253-539-8233

A local transportation company that provides special needs transportation services in Pierce County.

**Pierce Transit**

253-581-8000

www.piercetransit.org

3701 96th St. SW, Lakewood, WA 98496

Pierce Transit connects communities with safe, reliable, customer-friendly transit options. Three Transportation Services: Meet a Variety of Needs: Bus, Shuttle, Vanpool

**Bus Pass Information:** Call for details or visit the website for bus routes, schedules, and park n rides, fares.

**Pierce Transit Shuttle:**

253-581-8100

A shared-ride service for people who, because of their disability, are unable to ride a regular Pierce Transit bus. SHUTTLE provides point-to-door service, or in some instances, transportation to transit centers or bus stops to connect with regular bus service. The SHUTTLE vehicle may make several stops along the way before it arrives at your destination. SHUTTLE will take you where you want to go, within our regular service area and hours of operation, based on fixed route service. Who is eligible to Ride SHUTTLE? To qualify for SHUTTLE service you must meet one of the following conditions, as set by the Federal Americans with Disabilities Act: You are functionally unable to get on or off a transit bus, even with use of a wheelchair lift. You are physically unable to get to or from a regular Pierce Transit bus stop. You are unable to understand and follow transit directions or understand information signs for reasons other than language.

**Transportation Assistance**

Christ Episcopal Church

253-848-2323

210 Fifth St. SW, Puyallup, WA 98371

Hours: T-F: 8:00 am - 4:00 pm Offers bus tickets only.

Lakewood Area Shelter Association

253-582-5320

www.lasawa.org

8956 Gravelly Lake Dr., Lakewood, WA 98498

Hours: T & Th: 10:00 am - 12:00 pm Employment or medical reasons ONLY. Must live or work in Lakewood. Provides 6 per person per year.

**Health Care for the Homeless**

253-627-5445

2342 Tacoma Ave S, Tacoma, WA 98405

Go to Hygiene Center. Hours: M-Th: 8:00 am-12:00 noon, 1:00-4:30 pm

Homeless individuals may obtain one way bus tickets if seen at medical clinic ONLY IF IT’S DETERMINED TO BE A MEDICAL URGENT NEED. THEY ARE TRANSPORTED BY TAXI USING A VOUCHER, HOWEVER, THE PATIENT NEVER TOUCHES VOUCHER, ONLY STAFF ARE INVOLVED. PLEASE CALL FOR ADDITIONAL INFORMATION!

**United Way of Pierce County**

2-1-1

www.uwpc.org/Transportation.htm

Medical Care (cont’d)

The Neighborhood Clinic provides free urgent medical care to patients who cannot afford access healthcare.

**Trinity Health Clinic**

253-272-8819

www.tpc.org

1615 6th Ave, Tacoma, WA 98405

Hours: T - 5:00 pm - 7:00 pm

Does physicals and provides general medical services to anyone without insurance. Walk-ins are on a "first come first served basis".

**SeaMar Clinic**

www.seamarch.org

Administrative Offices

206-763-5277

1040 S Henderson St, Seattle, WA 98108

Tillicum Medical Clinic...

253-280-9890

14916 Washington Avenue SW, Lakewood, WA 98498

Hours: M, W, F: 8:00 am-5:00 pm

Specialize in adult primary-care medicine, including preventive health exams, urgent care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for other medical services.

**Taco Medical Clinic**

253-593-2144

2121 19th St., Tacoma, WA 98405

Hours: M - Sat: 8:00 am-5:00 pm

We specialize in adult primary-care medicine, including preventive health exams, urgent care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for other medical services. Sea Mar’s Tacoma Medical Clinic provides comprehensive health services for the entire family, including dental, behavioral health, and preventive health services.

Puyallup Medical Services

253-864-4550

10217 125th St E 2nd Floor, WA 98374

Hours: M, T, F: 8:00 am - 5:00 pm, W, Th: 8:00 am - 7:00 pm

Puyallup Medical Clinic has been serving Puyallup and Pierce County residents since 2004. Our highest priority is to provide high quality, accessible, affordable, and comprehensive health care to the Puyallup community and its surrounding areas. Puyallup Medical Clinic has a provider on call and available to our clients for phone consultation 24-hours per day, 7-days per week. Our 24-hour nurse advice line, 1-866-418-1002, is also available to clients who seek advice or consultation.

**Pierce College Dental Hygiene Clinic**

253-964-6694

www.pierce.ctc.edu

Pierce College, Ft. Steilacoom Campus, 9401 Fairview Dr. SW, Lakewood, WA 98498

Hours: M & F: 8:00 am - 12:00 pm, T, W, Th: 8:00 am - 5:00 pm

The clinic provides low-cost, gentle, preventive care for low-income and uninsured families and seniors. Dental care is done by students, in training to be dentists, and licensed dental hygienists and dentists check all patient treatment.

**Puylallup Tribal Health Authority**

253-593-0232

www.eptha.com

2209 E 32nd St, Tacoma, WA 98404

Puylallup tribe members and Pierce County residents who are enrolled members of other tribes

**Community Health Care - Dental**

Milgard Family Dental Clinic

253-572-7002

1708 44th, Tacoma, WA 98404

Hours: M - F: 6:30 am - 11:30 pm

Walk-In Hours: M - F: 6:30 am Sign in (closed for lunch 11:30 am - 12:30 pm & W: 1:00 pm - 2:00 pm)

Lakewood Family Dental Clinic

253-589-7188

10510 Gravelly Lake Drive SW, Tacoma, WA 98499

Hours: M - F: 6:30 am - 5:30 pm; (closed for lunch 11:30 am - 12:30 pm)

Hilltop Regional Health Center Dental Clinic

253-441-4743

1202 Martin Luther King Jr. Way, Tacoma, WA 98405

Hours: M - F: 6:30 am - 5:30 pm; (closed for lunch 11:30 am - 12:30 pm)
Tacoma Health Center - Tacoma, WA 98418

Hours: M-W-F 9:30 am - 4:00 pm
37th & Pacific Ave (end of parking lot), Tacoma, WA

Medical Care

Washington Poison Center

Emergency Number 1-800-222-1222

www.wapc.org

Administraion Office
206-517-2350
1106 Martin Luther King Jr Way, Tacoma, WA 98405

(This is the Pierce County location)

They can help you understand health care coverage options
www.insurance.wa.gov

Pierce County Health Department

Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)
1202 Martin Luther King Jr. Way, Tacoma, WA 98405

Hilltop Family Medical Clinic

Call 253.471.5395 for appointments

Eastside Community Clinic

Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

Lakewood Family Medical Clinic

Hours: M-F: 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Tansbara’s Children’s Clinic

Hours: M-F: 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Spanaway Family Medical Clinic

Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

Women’s Health Clinic

Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

Urgent Care Clinic

Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

Neighborhood Clinic

Hours: M-F: 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Noah’s Pet Project

www.thehumanesociety.org

Hours: M - F 8:30 am - 4:30 pm

875 124th Ave NE #101, Bellevue, WA 98005

www.assurancewireless.com

To be eligible you must receive DSHS services such as TANF, GAIN, Basic Food, and others. WTAP helps by discounting wireless phone service. You also receive discounted rates for disconnection fees. WTAP DOES NOT ASSIST WITH CELL PHONES.

LifeLine Cell Phone Service

Assurance Wireless

P.O. Box 686, Parsippany, NJ 07054

Email: ourteam@assurancewireless.com

Assurance Wireless: a cell phone service from Virgin Mobile that provides a free, wireless phone and 250 free minutes of wireless voice service monthly to eligible customers.

Phone

Public Health Nurse Referral

500-769-0045

(Operated by: Planned Parenthood of the Great Northwest)

www.plannedparenthood.org

Pierce County Health Department

Hours: M & W – 7:30 am - 7:00 pm; T & Th & Sat 8:00 am - 4:00 pm - 7:00 pm
1202 Martin Luther King Jr. Way, Tacoma, WA 98405

Hilltop Family Medical Clinic

Call 253.471.5395 for appointments

Eastside Community Clinic

Call 253.471.5395 for appointments

Lakewood Family Medical Clinic

Hours: M-F: 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

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Spanaway Family Medical Clinic

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Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

Neighborhood Clinic

Hours: M-F: 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Noah’s Pet Project

www.thehumanesociety.org

Hours: M - W 9:30 am - 5:30 pm; Th 11:00 am - 5:30 pm; F 9:30 am - 5:30 pm; Sat 9:00 am - 4:30 pm

Shelter Hours: M - W 9:30 am - 6:00 pm; Th 11:00 am - 6:00 pm; F 9:30 am - 6:00 pm; Sat 9:00 am - 5:00 pm

Dedicated to providing services which advance the welfare of animals and promote positive relationships between animals and people. Pets are available for adoption. The Humane Society has an Emergency Food Bank (EFB) of pet food to those who are in temporary need of dog or cat food ONCE PER MONTH OPEN MONDAY - FRIDAY 12 - 4PM SATURDAY 9 - 11AM Call or check website for additional information.

Noah’s Pet Project

NO PHONE NUMBER AVAILABLE

www.wapc.org

Hours: M - W 9:30 am - 5:30 pm; Th 11:00 am - 5:30 pm; F 9:30 am - 5:30 pm; Sat 9:00 am - 4:30 pm

Shelter Hours: M - W 9:30 am - 6:00 pm; Th 11:00 am - 6:00 pm; F 9:30 am - 6:00 pm; Sat 9:00 am - 5:00 pm

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Shelter Hours: M - W 9:30 am - 6:00 pm; Th 11:00 am - 6:00 pm; F 9:30 am - 6:00 pm; Sat 9:00 am - 5:00 pm

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Food Banks by Zip Code
98304, 98328, 98330
Eatonville Family Agency .................................. 360-832-6805
305 W Center St., Eatonville, WA 98328
Hours: M-W-Th F 9:00 am - 12:00 pm; 1:00 pm – 2:00 pm;
Eatonville school district residents; Proof of address, photo ID & HH member proof required
Living Word Assembly of God (St. Joseph Storehouse) .............................................. 360-832-4220
570 Eatonville HWY West, Eatonville, WA 98328
Hours: T 10:00 am – 1:00 pm
No restrictions listed
98321, 98323, 98385, 98396
Buckley Kiwanis Food Bank .................................. 253-266-7309
127 North River (Buckley Hall), Buckley, WA 98321
Hours: W 9:00 am – 2:00 pm & F 9:00 am - 12:00 pm
White River School District only; If new, bring ID, proof of address in WRSD & ID for other household members
98329, 98332, 98333 98335, 98335, 98349, 98351, 98357, 98359, 98394, 98349
Peninsula FISH ............................................. 253-858-6179
4425 Burnham Drive, Gig Harbor, WA 98332
Hours: M & F 9:30 am – 3:30 pm; W & Th 9:30 am – 6:00 pm
One time per month for over 55 & disabled, current proof of address and ID needed
98349, 98351, 98429
Key Peninsula Community Services Food Bank .................................................. 253-884-4440
17015 9th St. Ct NW, Lakebay, WA 98349
Hours: M-W-Th 10:00 am – 3:00 pm; T 10:00 am – 5:00 pm
No restrictions listed
98338
Harvest House ............................................... 360-893-6842
13314 224th St E, Graham, WA 98338
Hours: Sat 9:30 am – 12:00 pm
Two visits per access for disabled, emergencies case by case, proof of residence for first visit
98354
Fife/Milton/Edgewood ........................................ 253-922-0960
(St Martin's Catholic Church)
M, W & F - Call for appointment between 9 a.m. and 12 noon
Call prior to pick up; Appointments between 12:30 and 2 p.m.
If new, picture ID and proof of local residence needed
98360
Orting Food Bank ............................................. 360-893-0095
224 Washington Ave SE, Orting, WA 98360
Hours: M 3:00-6:00 pm; W 12:00 pm – 3:00 pm; F 9:00 am – 12:00 pm
(By appointment only. Call for openings.)
Must be low income and live in the 98360 zip code or anyone in the Orting School District. Provides home delivery to temporarily or permanently homebound seniors and disabled adults.
98371, 98372, 98373, 98375
All Saints Community Services .................................. 360-893-0095
204th Ave SW, Puyallup, WA 98371
Hours: M-T-W-F & 12:00 pm – 4:00 pm
Must be low income and live in the 98360 zip code or anyone in the Orting School District. Provides home delivery to temporarily or permanently homebound seniors and disabled adults.
98372
Puyallup Valley Food Bank ................................ 253-848-5240
110 2nd Street South East, Puyallup, WA 98372
M-T-W-F & 12:00 pm – 4:00 pm
By appointment only, provide proof of address for each adult
98372, 98416
Edgewood Community FISH .................................. 253-826-4654
(Located Mountain View Lutheran Church)
3607 122nd Ave E, Ste B, Edgewood, WA 98372
Hours: Th 3:00pm-6:30pm Saturday 11am-2pm
Bus line not available. ID or proof of Pierce County residence needed; Walk-ins OK
Medically supervised chemical dependency detoxification services for adults and youth over the age of 13. Crisis stabilization is provided for youth that are impacted by substance abuse.
98374
Salvation Army Food Bank – Puyallup .................................. 253-841-1491
www.salvationarmypuyallup.org
4009 9th St SW, Puyallup, WA 98373
Hours: M-T-W-Th 9:00 am – 11:00 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide address for everyone in house, ID needed
98374
Graham/South Hill FISH .................................. 253-846-3805
(Hosts Disciples Catholic Church)
10425 18th St E, Puyallup, WA 98374
Hours: M & F 10:00 am – 1:00 pm; W 2:00 pm – 6:00 pm
ID or proof of Pierce County residence necessary; Walk-ins OK
Can visit a FISH food bank once per week
98377
Spanaway FISH Food Bank .................................. 253-383-9066
10401 180th St E, Spanaway, WA 98387
Hours: M-F 9:00 am – 2:00 pm
Must have case manager from outside agency (not DSHS), must complete forms and application to be approved.
98387, 98445
Docherty Community Food Bank .................................. 253-822-1600
1600 1 St Ave, Spanaway, WA 98387
Hours: M-F 11:00 am – 2:00 pm
(By appointment only. Once a month)
Must be low income and live in the 98387 zip code or anyone in the Spanaway School District.
2336 Jefferson Ave, Tacoma, WA 98402
Hours: M-F 9:00 am – 5:00 pm
Drug & Alcohol Treatment & Recovery Services (cont’d)
98388
WLFA Food Pantry (Stellacoom) .................................. 253-581-1076
1603 Rainier Street, Steilacoom, WA 98388
Hours: W 9:30 am – 12:00 pm; Sat 10:00 am – 11:30 am
We help them achieve and maintain reunification through healing, self-sufficiency & clean and sober living.
Pierce County Alliance .................................. 253-572-4750
WEBSITE UNDER CONSTRUCTION
510 Tacoma Ave South, Tacoma WA 98402
Hours: M - F 8:30 am - 5:00 pm
For individuals needing court-ordered group sessions for drugs/alcohol or outpatient therapy.
Prosperity Wellness Center .................................. 253-531-2103
www.prosperitywellnesscenter.com
Hours: Open 24 / 7
5001-112th St E, Tacoma, WA 98446
Women’s residential short-term sober living (30 days or less), outpatient also available.
Rainier View Christian Church .................................. 253-531-0757
www.rainierview.org
7420 224th St. E, Graham, WA 98338
Hours: Group meets Friday nights 7:00 pm-8:30 pm
Bible study that integrates 12 step recovery program.
Pioneer Human Services Chance for Change Program .................................. 253-272-5486
www.pioneerhumanservices.org
311 S 9th St, Tacoma, WA 98405
Hours: M- F 10:00 am - 6:00 pm
Several programs for housing individuals in drug/alcohol recovery. MUST HAVE AT LEAST 30 DAYS CLEAN AND SOBER.
Single adults/families can stay 15-18 months. MUST HAVE NO SEX OFFENSE OR ARSON CHARGE.
Sea Mar Community Health Center — Tacoma Treatment Center .................................. 253-280-9860
www.seamarch.org
1415 Center Street, Tacoma, WA 98409
Hours: 24 hours/7 days per week
Sea Mar’s Tacoma Treatment Center is a 36 bed, state-licensed, JCAHO-accredited facility that offers a 30-day residential program for stabilization and recovery skills for adults who have substance abuse/chemical dependency and alcoholism. We have been providing chemical dependency services in Washington state at this location since 1994.
Point Defiance AIDS Project .................................. 253-381-5229
( Needle Exchange Van) www.nansen.org
corner of S. 14th and G St., Tacoma, WA 98402
Hours: M-W-F: 11:00 am - 4:00 pm
Community program that provides injecting drug users the opportunity to exchange syringes one for one and guarantees safe disposal. Helps reduce the spread of blood-borne diseases like HIV and hepatitis. Needles (syringes) are delivered
We have been providing chemical dependency services in Washington state at this location since 1994.

Points to Consider:
- Make sure you have transportation to get to the food bank.
- Check if they have any restrictions on who can receive food.
- Call ahead to confirm hours and availability.
- Be prepared to show identification and proof of need.
- Consider donating to the food bank if you are able.

For more information, please visit the respective websites or call the contact numbers provided.
St. Vincent DePaul Outreach - by Zip Code - Parish Boundaries
(Services Limited to the boundaries of each parish)
98329, 98332, 98333, 98335, 98349, 98351, 98394
St. Nicholas Parish ..................................253-851-0554
Call anytime M-F; must leave a message for help. Assistance with rent, utilities and food. Limited to Gig Harbor/Key Peninsula area only
98354, 98371, 98422, 98424
St. Martin of Tours, Fife ................................253-970-9037
Call M-F 10 am-4 pm; partial assistance with rent, utilities and prescriptions
98371, 98372, 98373, part of 98374
All Saints Community Services ..................253-848-2000
Call M-Th 10 am-12 pm; 1 pm-3 pm; partial assistance with rent, utilities (limited), food and prescriptions.
98387, 98444, 98445, 98580
Our Lady Queen of Heaven .....................253-537-5266
Call M-F 10 am-2 pm; help with rent and utilities. Food bank on MW.
98402, 98405
St. Leo’s .................................................253-272-5136
Call T-F 9 am-4:30 pm (closed 12 pm-1:30 pm); prescriptions, identification cards (limited to 5 clients on Tuesdays, call for an appointment), medical clinic (Catholic Community Services - M & TH 6-8 pm), food assistance. Hospitality Kitchen - call (253) 502-2761.
Part of: 98402, 98406, 98407; and 98403
St. Patrick’s ...........................................253-383-2783 ext 6
Call T, Th 10 am-12 pm
Depending on funds, St. Patrick’s assists with food (must make an appointment for food bank), gasoline vouchers, gift cards to St. Vincent DePaul stores, but tickets and utilities. There is no assistance for rent payments.
98404
Sacred Heart of Jesus .........................253-472-7738 ext 104
Phone manned T & F between 10-11 am
Leave message and phone number for return call. Help with food vouchers, but tickets and $100 towards utilities if you have a shut-off notice.
98405
St. Rita’s of Casia ..................................253-627-4851
Call M, T, TH, & F 9 am-12 pm; 1:30 pm; closed W.
There is utility assistance, but no rent assistance. If no answer, leave a message for your call to be returned.
98406, 98407, 98465, 98466, 98467
St. Charles Borromeo Parish ...................253-565-7655
Call T & TH 9:30 am-11 am
(Submit all 4 messages! Messages are NOT listened to! Calls are NOT returned! Continue calling during listed until someone answers the phone.) Provides help with food, utilities.
98407, 98408
Holy Cross Catholic Church ...................253-759-3368
During recorded message PRESS 4 for St. Vincent DePaul Utilities, Food!

Drug & Alcohol Treatment and Recovery Services
American Addiction Centers...............1-800-577-4393
Inpatient Residential Treatment for up to 30/60/90 days to include an After-Care Plan.
Alcohol and Drug Helpline .....................1-800-726-8094
www.al-non-pierce-wa.org
Call for information (Services Limited to the boundaries of each parish)
Alanon and Alateen ..............................1-800-726-8094
American Addiction Centers .........1-800-577-4393
Alcohol and Drug Helpline ........1-800-562-1240
Inpatient Residential Treatment for up to 30/60/90 days to include an After-Care Plan.

Food Banks (cont’d)
98390, 98391
Bonney Lake ........................................253-836-4043
Next to Fire Station - T & Th 10:00 am - 1:00 pm
Prairie Ridge Location - W 10:00 am & F 5:00 pm to 7:00 pm
No walk-ins after 11:45 am. Proof of address and photo ID required.
St. Andrews Emmanuel Food Bank ..........253-836-3655
1401 Valley Ave E, Summer, WA 98390
Hours: T & F 10:00 am – 12:00 pm; W 3:00 pm – 6:00 pm
Need to bring picture ID and proof of address; Serves Sumner School District and homeless
Summer Food Bank ..............................253-836-3793
15625 E. Main St., Summer, WA 98390
By Appointment: M-T-W-F 12:30 am – 3:00 pm; Th 5:00 pm – 7:00 pm; Must live in Sumner or Lake Tapps, 98390 or 98391 - 10:30 am – 12:30 pm
First and Third Monday, Fourth Saturday
Pregnancy Aid ......................................253-383-4100
902 Market St, Tacoma, WA 98402
Hours: M-W-F 10:00 am – 1:30 pm
No restrictions listed
98404
TACS Special Diet ..............................253-272-8289
3108 Portland Ave, Tacoma, WA 98404
Hours: M-Th 10:00 am – 2:30 pm
No restrictions listed
Southeast Asian Diets .........................253-472-7264
Holy Family of Jesus Cambodian Church
1427 E 40th St. Tacoma 98404
By appointment only
Last Sunday of each month 6’s are given out @ 12:30pm;
Food District. 3pm-5:30pm
Eliseo Cooking Pot ..............................253-426-1994
(Making a Difference Foundation)
3543 East McKinley Ave, Tacoma, WA 98404
Hours: T & F 12:00 – 4:00 pm; Sat: 11:00 am – 2:00 pm
ID required
Gateway Church .................................253-537-6619
7310 12th Ave E, Tacoma, WA 98404
Hours: Th 5:00 pm – 7:00 pm
None listed
98405
St Leo Food Connection .........................253-383-3048
1323 South Yakima, Tacoma, WA 98404
Hours: T & Th 12:00 am – 3:30 pm & 4:30 pm - 6:00 pm; W & F 9:30 am - 11:00 am & 12:00 pm – 3:30 pm; Sat 9:30 am-11:00 am & 12:00 pm – 1:30 pm
Serves Pierce County residents; Bring proof of residence, verification of HH members and a bag or box in which to carry foodstuff
Food Connection- Spring Brook Mobile Food Bank
Call 253-383-5048 Can Tillery for more information
Spring Brook Park
Saturday, 11am-3pm
New Jerusalem Food Bank .....................253-572-6785
1101 South 1st street, Tacoma, WA 98405
Hours: T 11:00 am – 1:00 pm; Sat 11:00 am – 2:00 pm
Call first, once a month, emergencies case by case, ID, proof of residence
Salvation Army Food Bank – Tacoma ....253-841-1491
www.salvationarmytacoma.org
1501 6th Ave, Tacoma, WA 98405
Hours: T 10:30 am – 5:30 pm
Must apply in person; if app is completed and turned in by 2:30 pm will be seen same day; Photo ID, Social Security card and proof of residency needed
Allen AME Food Pantry .......................253-627-6855
1223 Martin Luther King Jr. Way, Tacoma, WA 98405
Hours: T & Th 10:00 am – 1:00 pm
Homeless 1x Week; needs picture ID, Blue Allen Food Bank ID card
98406, 98407
Northwest Tacoma FISH .......................253-756-4974
(Mason United Methodist Church)
2710 N. Madison, Tacoma, WA 98407
Hours: W 12pm - 4:00 pm; Sat 11:30 am - 3:00 pm
Once per seven days, ID required
98408, 98409, 98404
Bounty Food Bank253-475-7098
5634 South Park, Tacoma, WA 98408
Hours: M 9:00 am – 11:00 am
Need current address with zip code
98408, 98405
Network Tacoma .................................253-474-9334
Location: 5435 S. M. St., Tacoma, WA 98408
Hours: T 1:00 pm – 2:00 pm
No restrictions listed
98422
Brown’s Point Food Bank ......................253-927-3188
5339 Browns Point Blvd, Tacoma, WA 98422
Hours: F 6:30 pm to 6:00 pm
ID requested
98433, 98439, 98499
Bread of Life Ministries Food Bank (Lakewood) .....253-582-2515
8810 Lawndale Ave SW, Lakewood, WA 98498
6 23
Food Banks (cont’d)

98433, 98439, 98499
Prince of Peace Food Bank - 253-584-2555
10333 Bridgeport Way SW, Lakewood, WA 98499
Hours: T: 12:00 pm - 3:00 pm
Need to bring proof of address and ID

98439, 98498
Tillicum/Woodbrook Community Center Food Bank - 253-584-1280
14916 Washington Ave SW, Lakewood, WA 98498
Hours: M-W: 1:00 pm - 3:00 pm
Serves Tillicum and Woodbrook residents only; Bring proof of residency and ID or SS card for all HH members; Make appointment between 9 & 11 am to schedule same-day pickup between 1 and 2 pm

98444, 98445, 98447
Parkland First Baptist Food Bank - 253-535-1293
11222 10th Ave S, Tacoma, WA 98444
Hours: T & Th 11:00 am – 3:00 pm
Once a month, emergencies case by case, current proof of residency and picture ID

98444, 98445
Trinity Lutheran Church Food Pantry - 253-557-0211
12115 Park Avenue South, Tacoma, WA 98444
Hours: T & F 11:00 am – 3:00 pm
No restrictions listed

98445
Spawney F.I.S.H. Food Bank - 253-383-1817
www.spawneywaylutheran.org
1600 A St, Spanaway, WA 98387
Hours: M, W & F by appointment 1pm-2pm
Limits - Once a month

98465, 98466, 98467
University Place Food Bank - 253-460-3141
2610 Sunset Dr. W, University Place, WA 98466
Hours: T 12:00-3:00 pm; Th 3:30 pm – 5:00 pm; Sat 10:00 am - 12:00 noon
No restrictions listed

JBLM & McChord Zip Codes: 98033, 98327, 98388, 98433, 98438, 98439, 98498 & 98499
JBLM (Ft Lewis)
Bread of Life Ministries Food Bank - 253-582-2515
8810 Lawndale Ave SW, Lakewood, WA 98498
Hours: T-Th: 1:00 pm – 5:00 pm
Serves Fort Lewis & McChord and zip codes. Requires proof of residency and ID

Bread of Life Ministries Food Bank ..........253-582-2515
JBLM (Ft Lewis) & McChord Zip Codes: 98303, 98327, 98438, 98439, 98498 & 98499
Bread of Life Ministries Food Bank ..........253-582-2515

Food Banks Serving all of Pierce County
Allen AME Food Pantry - 253-627-6855
1223 Martin Luther King Jr. Way, Tacoma, WA 98405
Hours: T & Th: 10:00 am – 1:00 pm
Homeless 1x Week; needs picture ID, Blue Allen Food Bank ID card

B.A.S.H. - 253-531-9600
(Bikers Against Statewide Hunger)
118 – 141st St Ct S., Tacoma, WA 98444
Hours: W & Th: 10:00 – 2:00 pm
ID and proof of residency, Emergencies case by case. BASH also has a Delivery Food Bank for people who can not come in to the food bank. You must register in person first and sign up.

Food Services (cont’d)

98499
Samoan Family Services - 253-535-9616
3624 Stelacoon Blvd SW, Lakewood, WA 98499
Hours: T: 9:30 am – Done, 1:00 pm - Done
No restrictions listed

Lakes FISH - 253-581-1116
6900 Stelacoom Blvd., Lakewood, WA 98499
Hours: M 2:00 pm - 6:00 pm; W & F 1:00 pm – 5:00 pm
Once a week

98558, 98580
Roy Food Bank - 253-843-3033
CALL BETWEEN 9:30 am – 12:30 pm; Open for pick up 2:00 pm – 3:00 PM
Must live in Roy / McKenna area or zip codes 98558 and 98580; Call for appointment in the morning prior to pick-up time.

FISH Mobile Food Bank Scheule & Locations
Mobile FISH: Giaudrone Middle School - 253-383-3164
49020 S. Alaska, Tacoma, 98408
Hours: M 4:30 pm – 6:30 pm

Mobile FISH: Spanaway Elementary School - 253-383-3164
166th St and Pac Ave, Spanaway, WA 98387
Hours: T 4:30 pm – 6:30 pm

Mobile FISH: Bethel High School - 253-383-3164
22215 38th Ave E, Spanaway, WA 98387
Hours: W 4:30 pm – 6:30 pm

Mobile FISH: Community Center - 253-383-3164
Woodbrook-American Lake Building
14721 Mukilteo St. SE, Lakewood, WA 98499
Hours: Th 4:30 pm – 6:30 pm

Mobile FISH: LDS Church - 253-383-3164
12521 134th Ave KPN, Key Peninsula 98328
Hours: F 2:00 pm - 7:00 pm; S 11:00 am - 3:00 pm

Food Banks Serving all of Pierce County

Homeless - Income-Link Home Programs
City of Lakewood Housing Programs - 253-589-2489
www.cityoflakewood.us
6000 Main St SW, Lakewood, WA 98498
Hours: M-F: 8:30 am - 5pm
The Housing Program provides emergency minor repairs, major home repairs and home rehabilitation for low-to-mod- erate income Lakewood single-family homeowners. A down payment assistance program for low-to-moderate income applicants to purchase a single family home in Lakewood.

Tillicum/Woodbrook Community Center Food Bank
10333 Bridgeport Way SW, Lakewood, WA 98499
Hours: M: 12:00 pm - 3:00 pm
No restrictions listed

Homelessness Services (cont’d)

Open Hearth Ministries - 253-307-2274
Hours: M-S 8 am - 8 pm
Open Hearth Ministries of Puyallup is a short-term motel sheltering program serving homeless families with children up to 18 years old in Puyallup and Eastern Pierce County.

Project Homeless Connect Tacoma - 253-593-2111
www.soundoutreach.org/project-homeless-connect
1106 Martin Luther King Jr Way, Tacoma, WA 98405
Event held four times a year that brings 50-75 nonprofit and government agencies together in one place to address the basic needs of those who are homeless in Pierce County. Basic medical and dental care, access to education, employ- ment and benefit systems, chemical dependency assessments, flu shots, haircuts and tobacco cessation tools are some of the resources provided.

Services for the Homeless
Guadalupe House - 253-572-6582
1417 South G Street, Tacoma, WA 98405
Showers: M-F 11am - 2pm
Interviews are conducted for transitional housing services, however, no space available at this time. Call to check for va- cancies. Homeless can receive mail at the Guadalupe House address listed above. Weekly prayer and dinner services every Tuesday; doors open at 5 pm.

MDC Medical Clinic - 253-627-5445
(Formerly HealthCare for the Homeless)
www.mdc-hope.org/health/medicallink
2342 Tacoma Ave S, Tacoma, WA 98409
Hours: M-TH 7:45 am-4:30 pm
Medical Clinic: 253-284-9023
7:45 am -11:30 pm & 1 pm-4 pm
Mental Clinic: Thursday 1 pm
Dental Information: 253-691-7596
This is a walk-in clinic exclusive to patients who are expe- riencing homelessness. Best to arrive at 7:45 am to sign up for showers and to do laundry.

Rebuilding Together SouthSound - 253-238-9777
www.rebuildingtogethersr.org
712 54th Ave E, Tacoma, WA 98424
Hours: M-F 9 am-5pm
Rebuilding Together provides free home repairs and modifi- cations to low-income homeowners who are elderly, dis- abled, or families with children.

Building Together SouthSound...253-238-9777
www.rebuildingtogethersr.org
712 54th Ave E, Tacoma, WA 98424
Hours: M-F 9 am-5 pm
Rebuilding Together provides free home repairs and modifi- cations to low-income homeowners who are elderly, dis- abled, or families with children.
Housing Services (cont’d)

Hours: M-Th: 8 am-4 pm; F: 8 am-3 pm
MUST CALL AP4H (253-682-3401) for assessment appointment first for housing and homeless services. MDC owns and manages 375 units of housing for homeless and low-income families and individuals, with four housing service models offered throughout Pierce County: Transitional Short-term Housing for homeless families with case management services. Permanent Supportive Housing - Housing for individuals who are chronically homeless. Affordable Housing - Affordable rental housing to those earning less than 60% of median income. The MDC website to obtain more information about all of our programs and services offered or call to obtain more information.

Pierce County Community Connections 253-798-4500
www.co.pierce.wa.us/index.aspx?NID=97

Faith House Ministries NW 253-302-5335
5954 North 26th Street, Tacoma, WA 98407
or sexual orientation/gender identity. If you need applica-
tion, ancestry, sex, physical or mental disability, marital status
against on the basis of age, race, religion/creed, national ori-
short period of time. Exodus Housing subscribes to a policy
of equal opportunity. Applicants will not be discriminated
eligibility requirements will not be logged into our system. Ex-
domestic violence and have at least one minor child in their
Applicants are welcome to reapply as long as they still meet
file for 60 days, after that they are deleted from our system.
Applicants will ONLY be contacted if they are being con-
and/or disabled women who have case management from a
Tenants must be employed or employable in a short period of
time.

Hope Guest House .............................. 253-627-3620
cascade@msn.com (Paula Wetterlind)
Hours: M-Sun 7 am-10 pm
Hope Guest House is a long-term care facility for mentally
and/or disabled women who have case management from a
mental health facility.

Network Tacoma ................................ 253-474-9334 ext 100
 network@networktacoma.org
5435 S M St, Tacoma, WA 98408

Hope House: M, T & Th 9 am-3 pm
Most families assist are single parents with 2 to 3 children
and are living in shelters, with friends or in their car. Some
may face eviction. Due to social and economic conditions in the
community, domestic violence, job loss, divorce or death,
they find themselves in circumstances that strained their re-
sources and capabilities to the point where they need help.
The Network has 7 transitional housing units, and 22 per-
manent low-income apartments located in Lakewood.
The Network has transitional housing units, and 22 per-
must be assessed by AP4H first.

New Beginnings - A Ministry of Youth with a Mission
www.newbeginningshome.org
PO Box 512, Puyallup, WA 98371
New Beginnings is a mentorship program that provides
housing and support service for young women in preg-
nancy-related crisis as well as temporary housing and
support to those who seek self-sufficiency.

Share & Care House .......................... 253-627-3620
share@careandhouse.org
Tigard, OR: 1385 Pacific Hwy
503-684-8882
Share and Care House provides a variety of programs and
services to individuals and families at the locations listed
above including transitional housing for homeless individuals
and families; supportive housing for chronically homeless
individuals; HEN rent/utility assistance (Pierce County);
both of SSA, VA and other beneficia-

Food Banks (cont’d)

Brown’s Point Food Bank ................................ 253-927-3188
3399 Browns Point Blvd, Tacoma, WA 98422
Hours: F 4:30 pm to 6:00 pm
ID requested

Edgewood FISH Food Bank .......................... 253-922-0960
3505 122nd Ave E, Edgewood, WA 98354
Hours: T & Th 12:00 pm - 3:00 pm; F 9:30 am - 11:00 am, 12:00 pm - 3:30 pm; Sat 9:30 am - 11:00 am, 12:00 pm - 1:30 pm
No restrictions listed

Food Connection .................................. 253-383-5048
323 South Yakima, Tacoma, WA 98405
Hours: T & Th 12:00 pm - 3:30 pm; 4:30 pm - 6:00 pm; W 9:30 am - 11:00 am, 12:00 pm - 3:30 pm; F 9:30 am - 11:00 am, 12:00 pm - 3:30 pm; Sat 9:30 am - 12:00 pm, 12:00 pm - 1:30 pm
No restrictions listed

Graham/South Hill FISH .......................... 253-846-3805
10425 187th St E, Puyallup, WA 98374
Hours: M & F 10:00 am - 1:30 pm; W 2:00 pm - 6:00 pm
Once every seven days

Harvest House ..................................... 360-893-6842
13314 224th St E, Graham, WA 98338
Hours: Sat 9:30 am - 12:00 pm
Two visits per access for disabled, emergencies case by case, proof of residence for first visit

Lakes FISH ........................................ 253-581-1116
6900 Steilacoom Blvd., Lakewood, WA 98499
Hours: M 2:00 to 6:00 pm; W & F 1:00 pm - 5:00 pm
Once a week

My Sister’s Pantry .................................. 253-627-1186
621 Tacoma Ave, Tacoma, WA 98402
Hours: M 5:00 pm – 7:00 pm; S 10:30 am – 12:30 pm
Sat & 3rd Monday & 4th Saturday

Pregnancy Aid ..................................... 253-383-4100
902 Market St, Tacoma, WA 98402
Hours: M, W, T & Th 10:00 am – 1:30 pm
No restrictions listed

Salvation Army Food Bank – Puyallup .................. 253-841-1491
4009 9th St, Puyallup, WA 98373
Hours: M 9:00 am – 11:30 am, 1:00 pm – 2:30 pm; T & Th 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide address for everyone in house, ID needed

Southeast Tacoma FISH ................................ 253-531-4530
1704 E. 85th St., Tacoma, WA 98446
Hours: M & F 11:00 am – 4:00 pm; W 11:00 am – 6:00 pm
No restrictions listed

University Place Food Bank .......................... 253-460-3134
2610 Sunset Dr. W, University Place, WA 98466
Hours: T 12:00 pm - 3:00 pm; Th 3:30 pm – 5:00 pm; Sat 10:00 am – 12:00 pm
No restrictions listed

Delivery Food Banks
All Saints Community Service .................. 253-848-2000
204 6th Ave SW, Puyallup, WA 98371
Hours: M-Th 10:00 am – 12:00 pm, 1:00 pm – 3:00 pm
Once a month, call for deliveries

Eloise Cooking Pot ............................... 253-426-1994
(Making a Difference Foundation)
3543 East McKinley Ave, Tacoma, WA 98404
Hours: T 11:00 am – 2:00 pm (Home deliveries - seniors)
Sat 11:00 am – 2:00 pm (Home deliveries - seniors & disabled)
ID required

Commodities
Bonney Lake Food Bank .......................... 253-863-4043
18405 Old Buckley Hwy, Bonney Lake, WA 98390
Hours: T & F 10:00 am - 1:00 pm, 5:00 pm - 7:00 pm; W & Th 10:00 am - 1:00 pm
Emergencies case by case

Eatonville Food Bank ............................ 360-832-6805
305 Center St., Eatonville, WA 98328
Hours: M & F 9:00 am - 1:00 pm, 12:00 pm - 1:00 pm, W & Th 9:00 am - 3:00 pm
Twice a month, emergencies case by case, ID needed

Edgewood FISH Food Bank ........................ 253-922-0960
350 122nd Ave E, Edgewood, WA 98372
Hours: Thursday 3:30 pm – 6:30 pm; Sat 11:00 am – 2:00 pm
No restrictions listed

Lakes FISH ......................................... 253-581-1116
6900 Steilacoom Blvd., Lakewood, WA 98499
Hours: M, W & F 10:00 am – 1:00 pm, W 1:00 pm - 6:00 pm
Once a week

Northwest FISH .................................... 253-756-4974
2710 N. Madison, Tacoma, WA 98405
Hours: W 12:00 pm – 4:00 pm; Sat 11:30 am – 3:00 pm
Once per seven days, ID required

Oting Food Bank ................................. 360-893-0095
224 Washington Ave S, Orting, WA 98360
Hours: M 3:00-6:00 pm; W 12:00 pm – 3:00 pm; F 9:00 am – 12:00 pm
Once per month, need proof of living in Pierce County

Prince of Peace Food Bank .......................... 253-333-8033
10333 Bridgeport Way SW, Tacoma, WA 98499
Hours: T 12:00 pm – 3:00 pm
Need to bring proof of address and ID
Hot Meal Sites

Puylup Valley Food Bank .................. 253-684-6120
110 23rd Street South East, Puyallup, WA 98372
Hours: M, T, W, F 12:00 pm – 4:00 pm; Th 5:30 pm – 7:30 pm Last of month
By appointment only, provide proof of address for each adult.

Roy FISH Food Bank .................. 253-842-6803
8202 South 288 St, Roy, WA 98580
Hours: W 9:30 am – 1:00 pm; Th & Sat 2:00 pm – 3:00 pm
Call for appointment, twice a week.

Salvation Army Food Bank – Puyallup .................. 253-841-1491
4009 9th St, SW, Puyallup, WA 98373
Hours: M, T & Th 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide address for everyone in house.

Food Banks in Other Areas

Auburn Food Bank .................. 253-833-8925
Bremerton Food Line ........................ 360-479-6188
Enumclaw Food Bank .................. 360-825-6188
Federal Way Food Bank .................. 253-838-6810
Yelm UCBR .................. 253-458-4003
Info for King County .................. 206-461-3200

WIC - Nutrition Program for Women, Infants & Children

Family Health Hotline .................. 1-800-322-2588
www.parenthelp123.org

WIC There are over 200 WIC clinics across Washington State. Call the Family Health Hotline or visit to find a WIC clinic near you. Find out if you’re eligible.

Salvation Army provides emergency shelter and transitional housing for everyone in house, ID needed.

Food Banks (cont’d)

Southeast Tacoma FISH .................. 253-531-6530
1704 E. 85th St, Tacoma, WA 98446
Hours: M-F 11:00 am – 4:00 pm; W 11:00 am – 6:00 pm
None listed

Spanaway FISH Food Bank .................. 253-383-1817
1601 A St., Spanaway, WA 98387
Hours: M, W & F 1:00-2:00 pm
By appointment only; first come first serve basis.

WLSA Food Pantry (Steilacoom) .................. 253-581-1076
1603 Rainier Street, Steilacoom, WA 98388
Hours: W 9:30 am – 12:00 pm; Sat 10:00 am – 11:30 am
2nd and 4th Saturdays of month

Hot Meal Sites

Eatonville Food Bank .................. 360-832-6805
305 Center St, Eatonville, WA 98828

Hosptiality Kitchen .................. 253-502-2761
1323 South Yakima, Tacoma, WA 98405
Hours: M 6:30 am – 12:30 pm T & W 6:30 am – 5:00 pm; Th & F 6:30 am – 12:30 pm

My Sister’s Pantry .................. 253-627-1186
621 Tacoma Ave, Tacoma, WA 98402
Hours: M 5:00 pm – 7:00 pm
Sat 10:30 am – 12:30 pm 1st & 3rd Monday, 4th Sat

Salvation Army Food Bank – Puyallup .................. 253-841-1491
4009 9th St. SW, Puyallup, WA 98373
Hours: M 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
Th & F 9:00 am – 11:30 am, 1:00 pm – 2:00 pm
One time per month, must live in service area and provide address for everyone in house.

Family Health Hotline .................. 1-800-322-2588
www.parenthelp123.org

Want to know if you’re eligible for WIC? Find resources for Pierce County on various subjects including WIC local locations.

Family Health Hotline .................. 1-800-322-2588

WIC There are over 200 WIC clinics across Washington State. Call the Family Health Hotline or visit to find a WIC clinic near you. Find out if you’re eligible.

Salvation Army provides emergency shelter and transitional housing for everyone in house, ID needed.

Food Banks (cont’d)

Southeast Tacoma FISH .................. 253-531-6530
1704 E. 85th St, Tacoma, WA 98446
Hours: M-F 11:00 am – 4:00 pm; W 11:00 am – 6:00 pm
None listed

Spanaway FISH Food Bank .................. 253-383-1817
1601 A St., Spanaway, WA 98387
Hours: M, W & F 1:00-2:00 pm
By appointment only; first come first serve basis.

WLSA Food Pantry (Steilacoom) .................. 253-581-1076
1603 Rainier Street, Steilacoom, WA 98388
Hours: W 9:30 am – 12:00 pm; Sat 10:00 am – 11:30 am
2nd and 4th Saturdays of month

Hot Meal Sites

Eatonville Food Bank .................. 360-832-6805
305 Center St, Eatonville, WA 98828

Hosptiality Kitchen .................. 253-502-2761
1323 South Yakima, Tacoma, WA 98405
Hours: M 6:30 am – 12:30 pm T & W 6:30 am – 5:00 pm; Th & F 6:30 am – 12:30 pm

My Sister’s Pantry .................. 253-627-1186
621 Tacoma Ave, Tacoma, WA 98402
Hours: M 5:00 pm – 7:00 pm
Sat 10:30 am – 12:30 pm 1st & 3rd Monday, 4th Sat

Salvation Army Food Bank – Puyallup .................. 253-841-1491
4009 9th St. SW, Puyallup, WA 98373
Hours: M 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
Th & F 9:00 am – 11:30 am, 1:00 pm – 2:00 pm
One time per month, must live in service area and provide address for everyone in house.

Family Health Hotline .................. 1-800-322-2588
www.parenthelp123.org

Want to know if you’re eligible for WIC? Find resources for Pierce County on various subjects including WIC local locations.

Family Health Hotline .................. 1-800-322-2588

WIC There are over 200 WIC clinics across Washington State. Call the Family Health Hotline or visit to find a WIC clinic near you. Find out if you’re eligible.

Salvation Army provides emergency shelter and transitional housing for everyone in house, ID needed.

Food Banks (cont’d)

Southeast Tacoma FISH .................. 253-531-6530
1704 E. 85th St, Tacoma, WA 98446
Hours: M-F 11:00 am – 4:00 pm; W 11:00 am – 6:00 pm
None listed

Spanaway FISH Food Bank .................. 253-383-1817
1601 A St., Spanaway, WA 98387
Hours: M, W & F 1:00-2:00 pm
By appointment only; first come first serve basis.

WLSA Food Pantry (Steilacoom) .................. 253-581-1076
1603 Rainier Street, Steilacoom, WA 98388
Hours: W 9:30 am – 12:00 pm; Sat 10:00 am – 11:30 am
2nd and 4th Saturdays of month

Hot Meal Sites

Eatonville Food Bank .................. 360-832-6805
305 Center St, Eatonville, WA 98828

Hosptiality Kitchen .................. 253-502-2761
1323 South Yakima, Tacoma, WA 98405
Hours: M 6:30 am – 12:30 pm T & W 6:30 am – 5:00 pm; Th & F 6:30 am – 12:30 pm

My Sister’s Pantry .................. 253-627-1186
621 Tacoma Ave, Tacoma, WA 98402
Hours: M 5:00 pm – 7:00 pm
Sat 10:30 am – 12:30 pm 1st & 3rd Monday, 4th Sat

Salvation Army Food Bank – Puyallup .................. 253-841-1491
4009 9th St. SW, Puyallup, WA 98373
Hours: M 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
Th & F 9:00 am – 11:30 am, 1:00 pm – 2:00 pm
One time per month, must live in service area and provide address for everyone in house.

Family Health Hotline .................. 1-800-322-2588
www.parenthelp123.org

Want to know if you’re eligible for WIC? Find resources for Pierce County on various subjects including WIC local locations.
Emergency Shelters
Catholic Community Services
South 14th Street, Tacoma, WA 98405
Hours: Day Center 7 am-4:30 pm, Overnight Shelter 4:30 pm-7 am, 7 days a week
Day Center provides breakfast, lunch and other services except bus tickets. Overnight guests are asked to arrive at or after 4:30 pm, sign in and wait until name called for beds. Guests are admitted from 5:30 pm to 8 pm. There is no guarantee that beds will be available. For housing at Nativity House Apartments, clients must be accessed by Access Point for Housing (AP4H). Call 253-502-2770 for more info.

Tacoma Rescue Mission—Family Shelter ................................................................. 253-383-4493
www.trm.org
425 S Tacoma Way, Tacoma, WA 98409
Hours: 8:00 am-4:30 pm
Downtown Campus provides complete services to help stabilize and transition people to recovery and self-sufficiency. The Good Neighbor Cafe is the “front door” to many of the Rescue Mission’s facilities and programs, offering healthy, well-balanced meals to hundreds of homeless men and women every day. Short-term shelter is offered for men at the Downtown Campus. Homelessness is frequently linked to other problems such as drug or alcohol addiction. Rehabilitation services are housed at this location as well.

Adams St Family Campus ................................................................. 253-383-4493
2909 S Adams St, Tacoma, WA 98409
Families and Single Women

Tyler St. Family Campus ................................................................. 253-383-4493
3202 S Tyler St, Tacoma, WA 98409
Transitional housing for families

Jefferson Apartments
2336 S Jefferson Ave, Tacoma, WA 98402
Drug/alcohol free housing for disabled or adults with special needs

Domestic Violence Shelters
Family Renewal Shelter ................................................................. 253-475-9010
www.domesticviolencehelp.org
Domestic Violence—only—single women and women with children & pets on a case-by-case basis. Stay up to six weeks, serves high-risk population, 24-hour hotline. Must call to schedule an appointment.

Korean Women’s Association ............ 253-359-0470
Family Home Shelter
IWA serves women with children who are in domestic violence situations. Length of stay depends on the situation.

YWCA ................................................................. 253-272-4181
405 Broadway, Tacoma, WA 98402
Hours: M-Th 8:30 am-5:30 pm; F 8:30 am-4:30 pm
The YWCA Pierce County offers comprehensive domestic violence programs to our community in an effort to provide safety, healing, and empowerment.

YWCA Emergency Shelter ................................................................. 253-383-2593
www.ywcapiercecounty.org
Crisis Line (888-550-3915) 
Domestic Violence only—single women and women with children or pregnant women who are pregnant and qualify for Section 8 having received crisis intervention prior to applying for program. Preference is given to YWCA shelter residents first, then referrals from other DV shelters.

Crystal Judson Family Justice Center ................................................................. 253-798-4166
603 South Polk Street, Tacoma, WA 98444
718 Court E, Tacoma, WA 98402
Hours: 8:30 am-4:30 pm
Walk-In Hours: 8:30 am-3:30 pm
The Justice Center serves the needs of domestic violence victims and their children by providing comprehensive victim services in one central and safe location in downtown Tacoma. Services provided include but are not limited to legal support, protection orders, counseling and support groups, safety planning, Division of Child Support assistance, DSHS assistance, spiritual support, housing transportation, victim support in criminal cases and other emergency assistance. Interpretation services are available to non-English speaking clients.

Housing Authorities
Pierce County Housing Authority ................................................................. 253-620-5400
603 South Polk Street, Tacoma, WA 98444
1525 108th Street S, Tacoma, WA 98444 (mailing)
The application process for PCHA is closed at this time. Openings
Quick Reference Important Phone Numbers

United Way Helpline .......................................................... 211 / 1-877-211-9274 / 253-572-4357
An Information and Referral Service ................................ TTY 888-1828
Addiction Referral Network ............................................. 1-800-577-4393
Alcohol and Drug Helpline .............................................. 1-800-562-1240
Child Abuse Prevention Resources .............................. 1-800-422-4453
Child Protective Services (CPS) ...................................... 1-800-762-4902
Consumer Counseling N.W. ........................................... 253-588-1858 / 1-800-244-1183
Domestic Violence Helpline .......................................... 1-800-562-6025
Mental Health Crisis Line .............................................. 1-800-576-7764 / 253-798-4333
Narcotics Anonymous .................................................. 253-531-8792
NW Justice Program ...................................................... 1-888-201-1014
Pierce County Sheriff Non-Emergency Line .................. 253-798-4271 ext 3
Senior Information and Assistance .............................. 253-798-4600 / 1-800-562-0332
Sexual Assault Crisis Line ............................................ 1-800-756-7273

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Unity and partnership are at the heart of what it means to be Associated Ministries. This Community Resource Guide is meant to be shared with congregations and our community partners to benefit our neighbors who are each walking their path to a better life. We could not have produced this booklet without the dedication of volunteers who designed the layout of the publication, researched and validated the many resources in the guide, and helped with proof-reading. Thank you!

Being listed in this guide does not constitute an endorsement or recommendation of the service or program by Associated Ministries, its staff or governing Board. To make changes, corrections or additions to information listed in this guide, please email: info@associatedministries.org or call 253-383-3056.
Community Resource Connection Center

Program Description: The Community Resource Connection Center is a one-stop-shop where clients can receive administrative and financial assistance applying for birth certificates, identification cards, and social security cards. We also assist with more than people of faith and goodwill throughout Pierce County to fulfill our mission: Uniting People of Faith to Build Stronger Communities. We connect people of all faith traditions in common ministry and as a strong voice to advocate for a fair and just society. We provide vital human services, act as an intermediary of federal, state and local funding, and serve as a channel for communication and collaboration for the faith community.

Our programs carry on the historic tradition of the local faith community: serve families and individuals who are experiencing poverty and homelessness; help households make a transition from dependence on public benefits to work, education, and a meaningful role in their community; assist people with special needs: the elderly, people with disabilities and people facing domestic violence. Our mission depends on thousands of volunteers from the faith community joined together with Associated Ministries, to both raise funds and deliver vital human services.

Coordinated Entry

Program Description: Coordinated Entry serves all Pierce County households experiencing literal homelessness. Households receive resources to secure housing and other needed services.

Eligibility Criteria: To be eligible, must be an unaccompanied youth or young adults 13-24 years experiencing homelessness in Pierce County; single individuals 24 years or older and families who are literally homeless (on the streets or in a shelter), or fleeing domestic violence.

Office Hours: M-F 9 am-5 pm
Contact Information: 253-682-3401

Family Permanent Housing

Program Description: Family Permanent Housing is a program designed to re-house homeless individuals and families within 45 days.

Eligibility Criteria: Participants must be literally homeless in Pierce County and be assessed by Access Point for Housing.

Office Hours: M-F 9 am-5 pm
Contact Information: 253-682-3401

Foreclosure Housing Counseling

Program Description: Housing Counselors provide advice, information and resources to individuals and families experiencing imminent delinquency or foreclosure action against their primary residence. The Housing Counselor assigned to each case supports and guides the client as they navigate through the complex rules, regulations and laws of the foreclosure process including HAMP loan modification, short-sale alternatives, deed-in-lieu choices and mediation. The department is funded by private grants and contracts with the Washington State Housing Finance Commission making the program available at no cost to the client.

Eligibility Criteria: Client is a homeowner whose mortgage is currently in the foreclosure process or facing imminent default.

Office Hours: 8:30 am-5 pm
Contact information: 253-383-3056 ext 153 or 155

AM Programs (cont’d from inside front cover)

Family Emergency Fund

Program Description: The Family Emergency Fund at Associated Ministries is used for small grants ($100 or less) given out to assist individuals with unique needs that other agencies and outreach programs are not designed to meet such as screening fees, help with car tabs and IDs/licenses; special items needed for jobs or education, such as a lab coat or work boots; medical equipment (small; food handlers cards, birth certificates, and copies of transcripts, etc. This fund does NOT cover the following: rental/deposit/mortgage assistance and utility assistance; hotel vouchers; storage and other regular monthly bills; transportation assistance (such as bus tickets or gas vouchers); court and traffic fines or fees; and funeral expenses. An individual can only be assisted up to two times per calendar year (please note that annual costs such as assistance with car tabs are covered only once every 2 years rather than annually).

Eligibility Criteria: Anyone can apply for assistance. An individual can only be assisted up to two times per calendar year.

Office Hours: M, T, TH, & F 1 pm-3 pm
Contact Information: 253-383-3056 ext 109

Homeless Mail Services

Program Description: Associated Ministries provides a mailing address and services for homeless individuals and families to help them stabilize their lives.

Eligibility Criteria: Services must be set up at your local DSHS office.

Office Hours: M, T, TH, & F 1 pm-3 pm
The Homeless Mail Office: Closed on Wednesdays and on the 1st business day of the month.
Contact Information: 235-383-3056 ext 144

Representative and Protective Payee Services

Program Description: Associated Ministries offers financial management services for DSHS, SPIPA and Social Security recipients having difficulty managing their own finances.

Eligibility Criteria: DSHS recipients are referred directly from DSHS, SPIPA recipients are referred directly from SPIPA, and Social Security recipients set up services with us directly.

Office Hours: M, T, TH, & F 1 pm-3 pm
Closed on Wednesdays and the 1st business day of the month.
Contact Information: 253-383-3056 ext 109

Disaster Response Care Teams

Program Description: Disaster Response Care Teams provide emotional, practical and spiritual support to survivors of local disasters who have been temporarily displaced from their homes. Care Team members meet with individuals and families in shelter settings to provide a calming presence and advocate for their needs.

Eligibility Criteria: Anyone is eligible for this service if they find themselves displaced from their home and residing in an emergency shelter during a natural disaster.

Office Hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516; amya@associatedministries.org

Volunteer Income Tax Assistance

Program Description: Volunteer Income Tax Assistance (VITA) provides free income tax preparation to low and moderate income households at various locations throughout Pierce County. Services take place from February 1st through April 15th. Volunteer tax preparers are sometimes available for off-season tax help by appointment.

Eligibility Criteria: Income limits are set by the IRS each year. In 2016, the household income limit was $54,000. Some tax sites take walk-in clients; others schedule taxpayers by appointment. Note: some complicated tax situations may be beyond the skills of volunteer tax preparers.

Office Hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516; amya@associatedministries.org

Paint Tacoma-Pierce Beautiful

Program Description: Paint Tacoma-Pierce Beautiful provides free exterior house painting to low-income homeowners during the summer months. Homeowners pay nothing because Paint Beautiful supplies the paint and volunteers provide the labor. Homeowners are encouraged to involve their family and friends as volunteers in the paint project.

Eligibility Criteria: Owners-occupied (not rentals) and not in foreclosure. Homeowners should live in the City of Tacoma. Household income should be less than 80% of area median income, based on family size.

Office Hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516; amya@associatedministries.org