<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
<th>Period</th>
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<tbody>
<tr>
<td>6:40-7:35</td>
<td>Zero Hour</td>
<td>55</td>
</tr>
<tr>
<td>7:40-8:30</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; Period/3&lt;sup&gt;rd&lt;/sup&gt; Period</td>
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<tr>
<td>8:35-9:25</td>
<td>Adv or Flex Period/4&lt;sup&gt;th&lt;/sup&gt; Period</td>
<td>50</td>
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<tr>
<td>9:30-10:20</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Period/5&lt;sup&gt;th&lt;/sup&gt; Period</td>
<td>50</td>
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